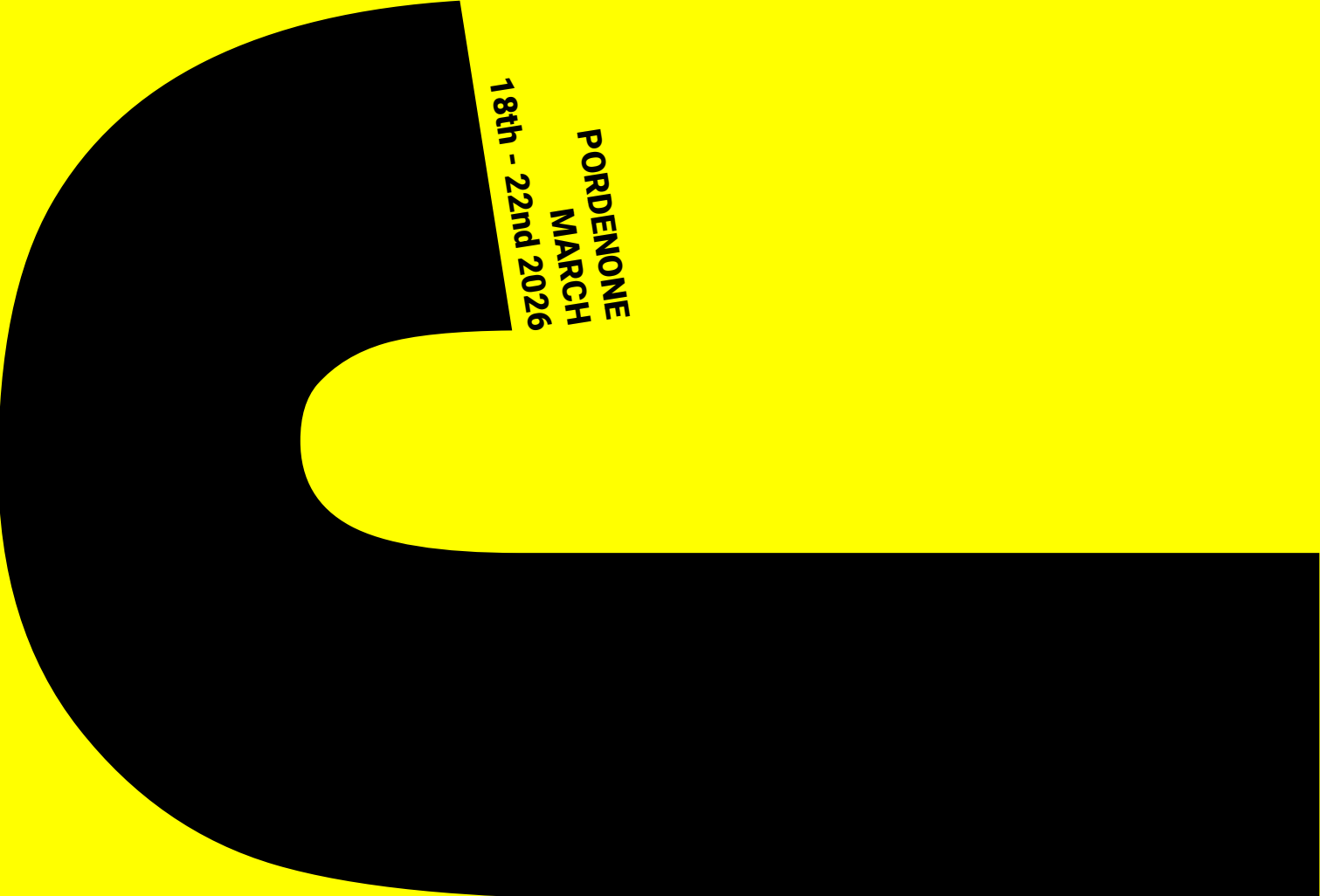
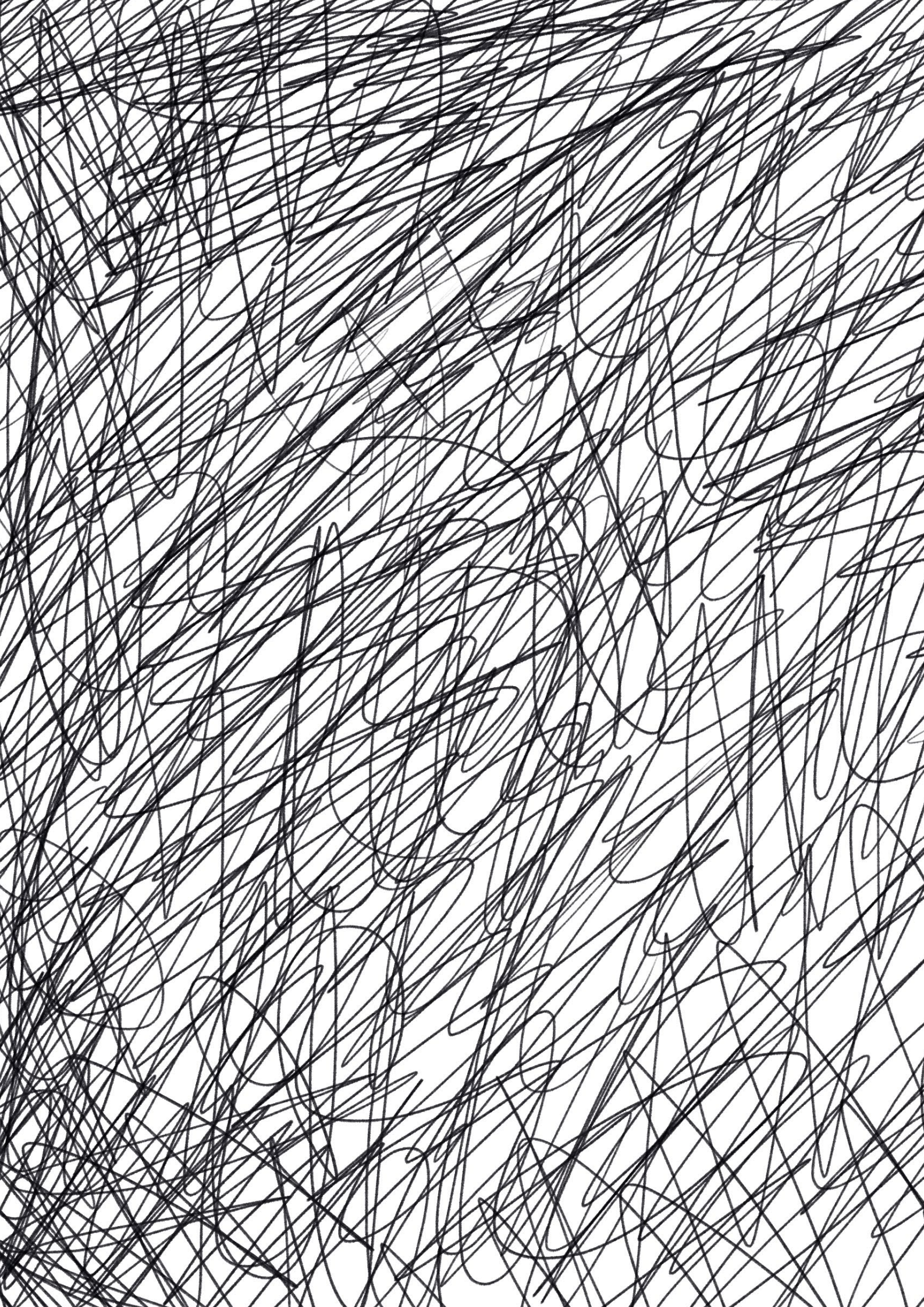




**YOUTH JOURNALISM
4 SUSTAINABLE DEMOCRACIES**



**PORDENONE
MARCH
18th - 22nd 2026**



The D.I.Y. magazine you are holding is a spontaneous expression in print of the **Youth Journalism for Sustainable Democracies** Training organized by **Ubik Art** together with **Apulum Forum** and **Stowarzyszenie 61 / Association 61**, within the Erasmus+ Program KA220-YOU Cooperation partnerships in youth, **co-funded by the European Union**.

It was focused on visual storytelling, civic engagement, and the ethics of journalism for younger generations, and it took place in **Pordenone, Italy** (Italian Capital of Culture 2027), **from March 19th to 22nd, 2026**, with participants from **seven countries: Italy, Croatia, France, Poland, Moldova, Romania, and South Africa**. The pieces of **graphic journalism** you will find in these pages were born from the intersection of **personal experience** and **collective urgency**, where **GenZ** narrates **without intermediaries and without filters, capturing a difficult historical moment** that we hope to look back on in five years as the switch that brought people together around what matters most: respect for life, nature, people, animals, and the planet, for **a future of peace and democracy, in Europe and in the world**.

#YJ4SD

Erasmus+
Young Journalism for Sustainable Democracies
Training in Pordenone, Italy
March 19th-22nd, 2026

Training Experts: Alex Ciocan, Frédéric Debomy
Trainers: Gianluca Ascione, Irina Bălan, Claudio Calia, Răzvan Corneci, Diana Filimon, Clara Morelli, Michał Szyszko
Project Managers: Ana Banu, Sara Pavan
Ubik Art: Alessia Agostinis, Giuseppe Carletti, Andrea Poddighe

1. It has pockets!

Cartoonist: Michelle Reviglio
Writer/Reporter: Amalia Oprescu
Producer/Researcher/Fact Checker 1:
Ioana Satmari
Producer/Researcher/Fact Checker 2:
Antonii Jankowski

2. Hate is not normal

Cartoonist: Federica Ferraro
Writer/Reporter: Maja Maria Boryna
Producer/Researcher/Fact Checker 1:
Daria Burciu
Producer/Researcher/Fact Checker 2:
Agatha Georgescu

3. Dirty comfort

Cartoonist: Fosca Vianello
Writer/Reporter: Miriam Tepeş
Producer/Researcher/Fact Checker 1:
Antonio Orefice
Producer/Researcher/Fact Checker 2:
Andrea Sassone

4. Till Death

Cartoonist: Andrei Pacea
Writer/Reporter: Adela Cioruta
Producer/Researcher/Fact Checker 1:
Julia Borkowska-Kiss
Producer/Researcher/Fact Checker 2:
Mikołaj Pokorzyński

Project implemented by:
Forum Apulum (RO), in collaboration with
Ubik Art (IT) and Association 61 (PL)
Co-funded by the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the National Agency and Commission cannot be held responsible for any use which may be made of the information contained therein.

5. Documented, now demand

Cartoonist: Diego Marchesi
Writer/Reporter: Eduard Dumitru
Producer/Researcher/Fact Checker 1:
Jan Pocheć
Producer/Researcher/Fact Checker 2:
Alexandrina Cărpineanu

6. The Lonely Monkey Parallel

Cartoonist: Laura Menis
Writer/Reporter: Oliwia Jaszczur-Nowicka
Producer/Researcher/Fact Checker 1:
Amalia Chirita
Producer/Researcher/Fact Checker 2:
Mateo Chiraş

Digital version available at ubikart.it



WHY DO YOU ALWAYS HAVE TO POINT THAT OUT, IT'S NORMAL, ISN'T IT?

OF COURSE NOT, YOU SILLY!

HAVE YOU EVER THOUGHT ABOUT WOMEN POCKETS, OR WELL, THE LACK OF THEM?



WELL, YOU ALWAYS CARRY A BIG BAG ANYWAY.

OH, CAN YOU KEEP MY KEYS PLEASE?

MY POCKETS ARE ALWAYS TOO SMALL! YEAH... SURE.

CAN'T YOU JUST BUY ANOTHER BRAND?

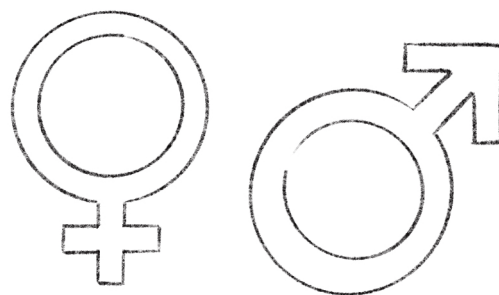
THERE'S SO MUCH CHOICE!



OH, MY.

YOU REALLY DO NOT UNDERSTAND.

Sigh

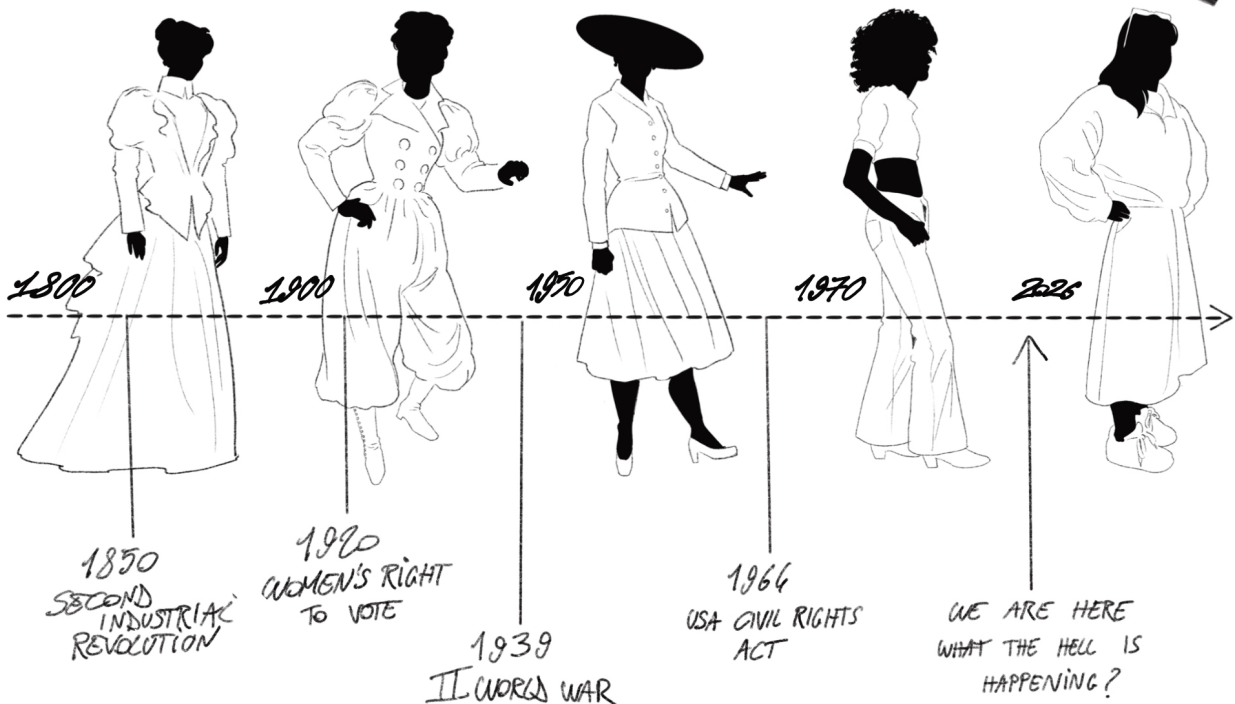


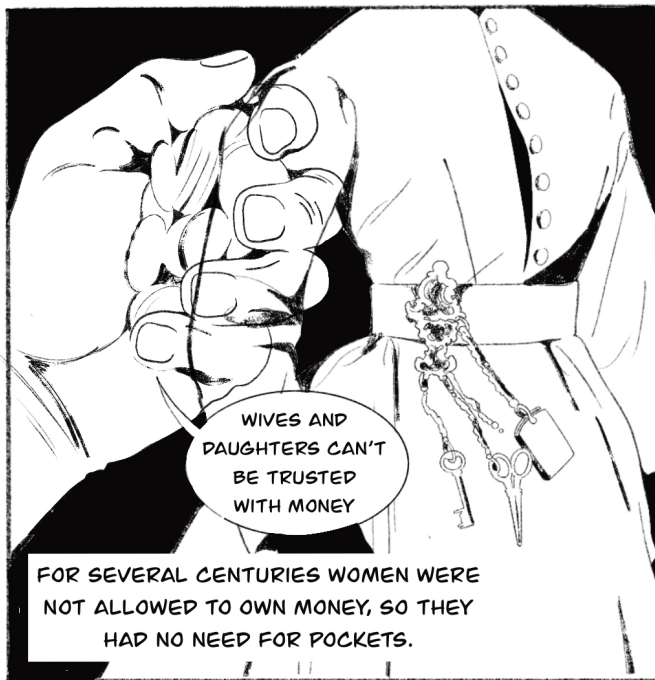
OF COURSE IT HAS TO DO WITH GENDER, RIGHTS AND WELL... PATRIARCHY!



WOMEN'S JEANS POCKETS ARE MUCH SMALLER THAN MEN'S -- ABOUT 48% SHORTER AND 6.5% NARROWER ON AVERAGE ACCORDING TO A STUDY. THEY MEASURED 80 PAIRS OF JEANS, ALL MADE FOR THE SAME 32-INCH WAIST SIZE. AMONG 80 MOST POPULAR MODELS ON THE MARKET ONLY 40% OF THE WOMEN'S JEANS CAN FULLY FIT A TYPICAL SMARTPHONE, AND FEWER THAN HALF CAN HOLD A FRONT-POCKET WALLET. FOR MEN'S MODELS IT'S 100%. ACCORDING TO THE FINDINGS.

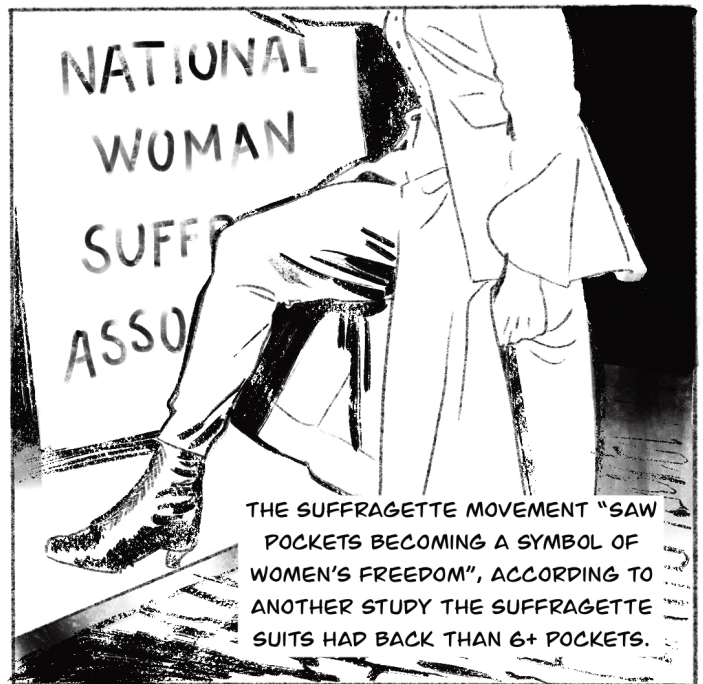
LET'S DIG INTO HISTORY!



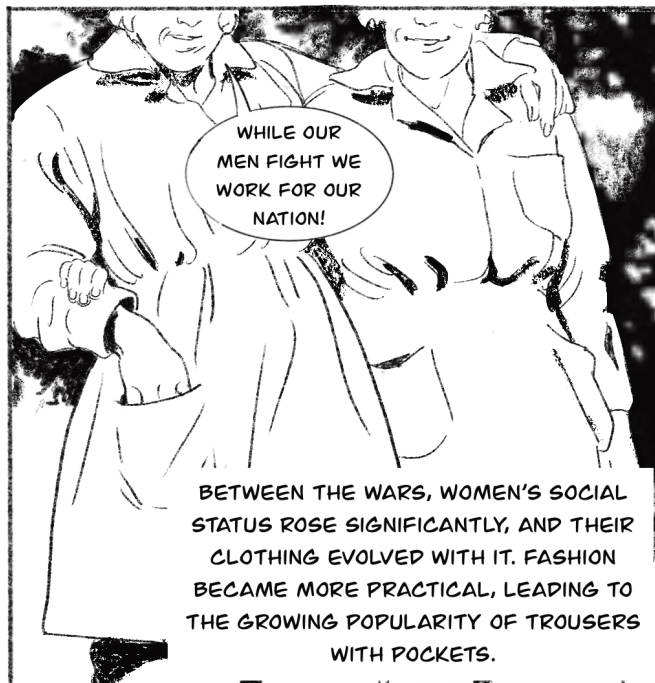


WIVES AND DAUGHTERS CAN'T BE TRUSTED WITH MONEY

FOR SEVERAL CENTURIES WOMEN WERE NOT ALLOWED TO OWN MONEY, SO THEY HAD NO NEED FOR POCKETS.

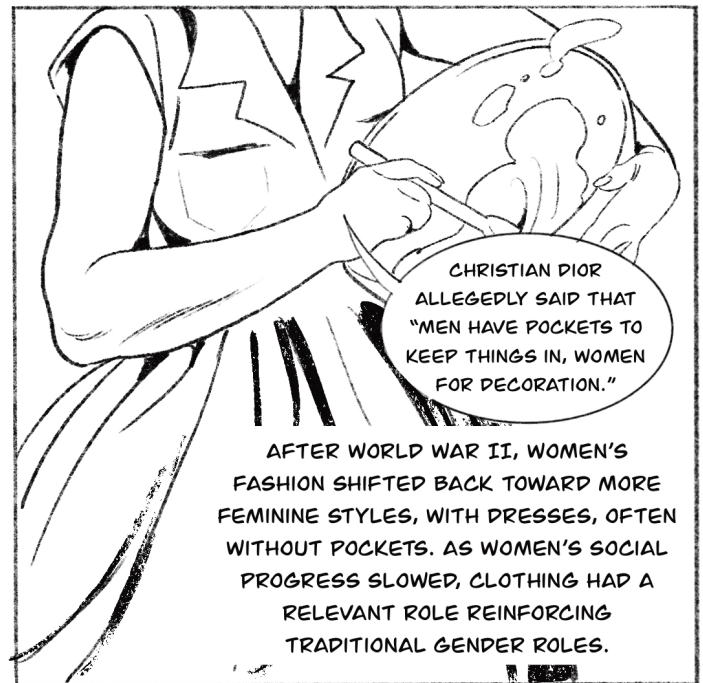


THE SUFFRAGETTE MOVEMENT "SAW POCKETS BECOMING A SYMBOL OF WOMEN'S FREEDOM", ACCORDING TO ANOTHER STUDY THE SUFFRAGETTE SUITS HAD BACK THAN 6+ POCKETS.



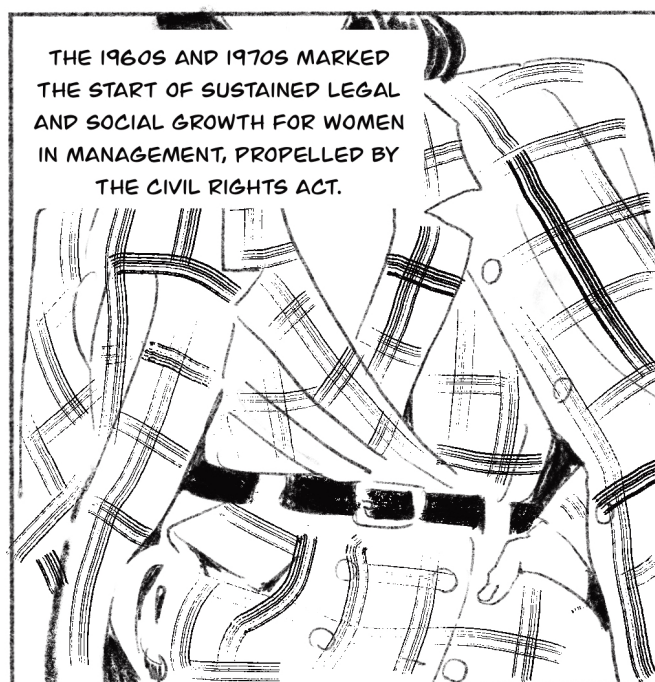
WHILE OUR MEN FIGHT WE WORK FOR OUR NATION!

BETWEEN THE WARS, WOMEN'S SOCIAL STATUS ROSE SIGNIFICANTLY, AND THEIR CLOTHING EVOLVED WITH IT. FASHION BECAME MORE PRACTICAL, LEADING TO THE GROWING POPULARITY OF TROUSERS WITH POCKETS.

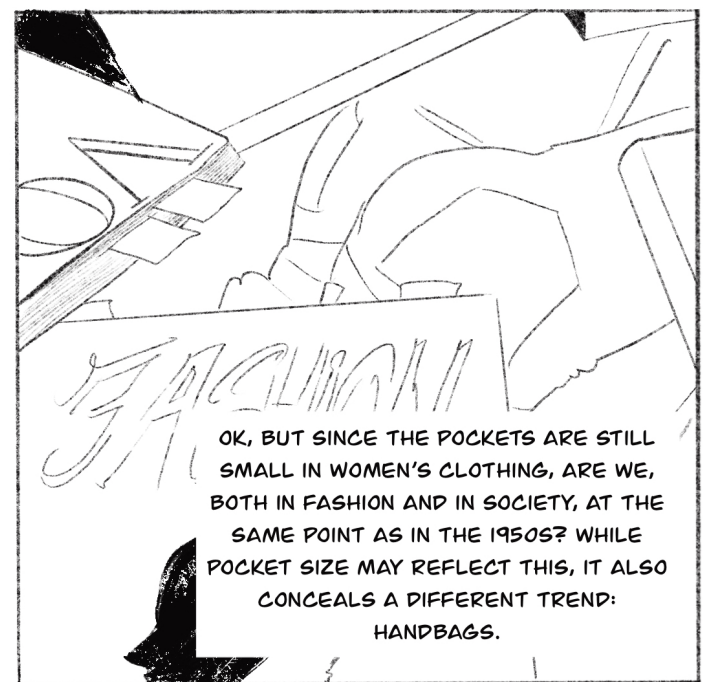


CHRISTIAN DIOR ALLEGEDLY SAID THAT "MEN HAVE POCKETS TO KEEP THINGS IN, WOMEN FOR DECORATION."

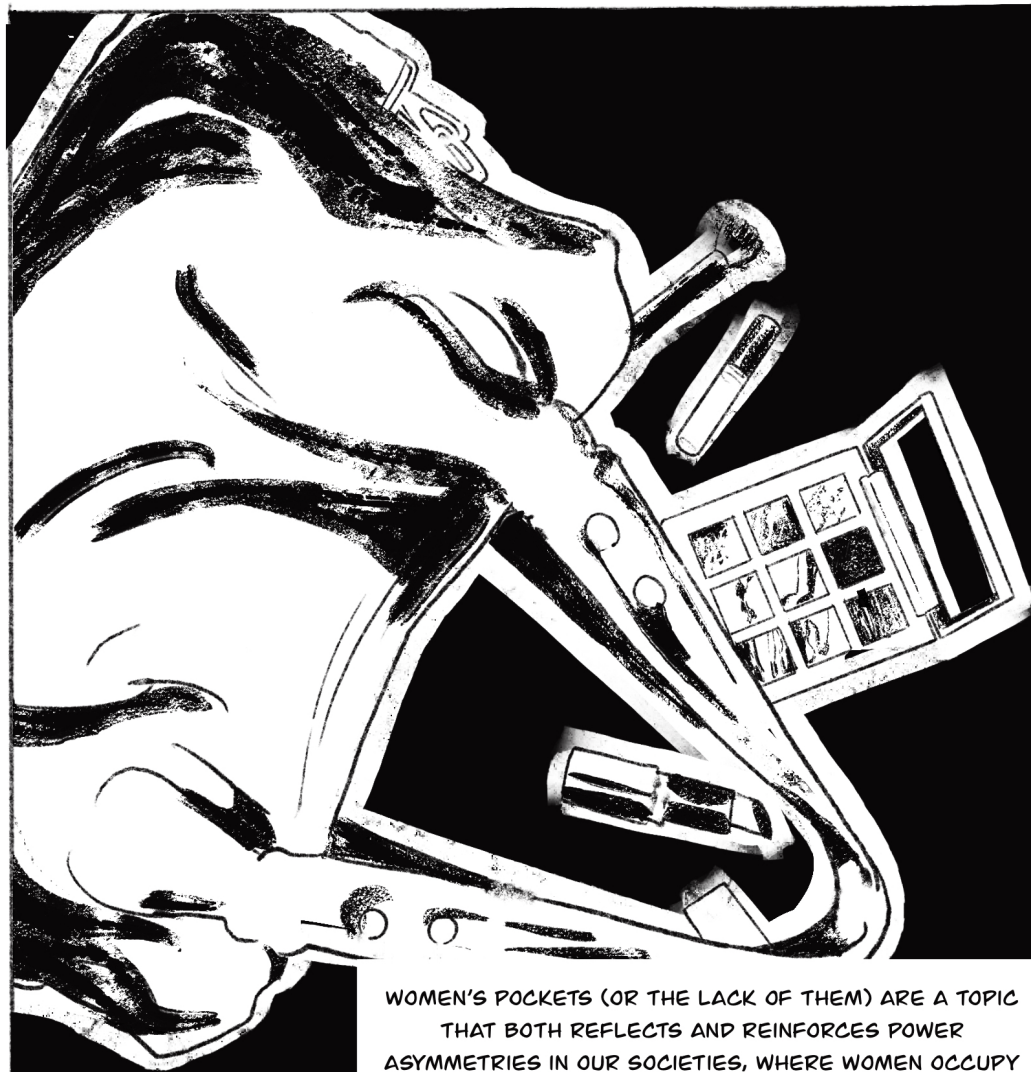
AFTER WORLD WAR II, WOMEN'S FASHION SHIFTED BACK TOWARD MORE FEMININE STYLES, WITH DRESSES, OFTEN WITHOUT POCKETS. AS WOMEN'S SOCIAL PROGRESS SLOWED, CLOTHING HAD A RELEVANT ROLE REINFORCING TRADITIONAL GENDER ROLES.



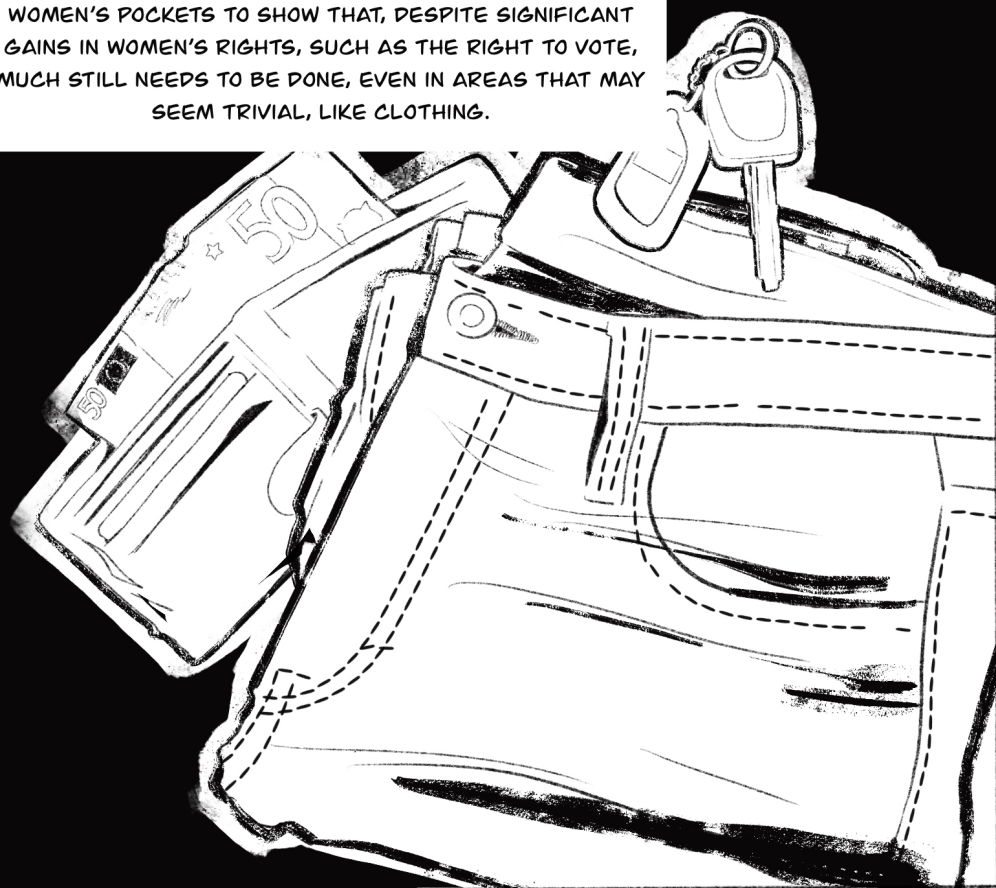
THE 1960S AND 1970S MARKED THE START OF SUSTAINED LEGAL AND SOCIAL GROWTH FOR WOMEN IN MANAGEMENT, PROPELLED BY THE CIVIL RIGHTS ACT.



OK, BUT SINCE THE POCKETS ARE STILL SMALL IN WOMEN'S CLOTHING, ARE WE, BOTH IN FASHION AND IN SOCIETY, AT THE SAME POINT AS IN THE 1950S? WHILE POCKET SIZE MAY REFLECT THIS, IT ALSO CONCEALS A DIFFERENT TREND: HANDBAGS.



WOMEN'S POCKETS (OR THE LACK OF THEM) ARE A TOPIC THAT BOTH REFLECTS AND REINFORCES POWER ASYMMETRIES IN OUR SOCIETIES, WHERE WOMEN OCCUPY ECONOMICALLY AND SYMBOLICALLY INFERIOR POSITIONS TO MEN. FROM A FEMINIST PERSPECTIVE, THE CLOTHING INDUSTRY IS ANOTHER SPHERE IN WHICH PATRIARCHY IS REINFORCED. THIS DISCUSSION EXPLORES THE HISTORY OF WOMEN'S POCKETS TO SHOW THAT, DESPITE SIGNIFICANT GAINS IN WOMEN'S RIGHTS, SUCH AS THE RIGHT TO VOTE, MUCH STILL NEEDS TO BE DONE, EVEN IN AREAS THAT MAY SEEM TRIVIAL, LIKE CLOTHING.



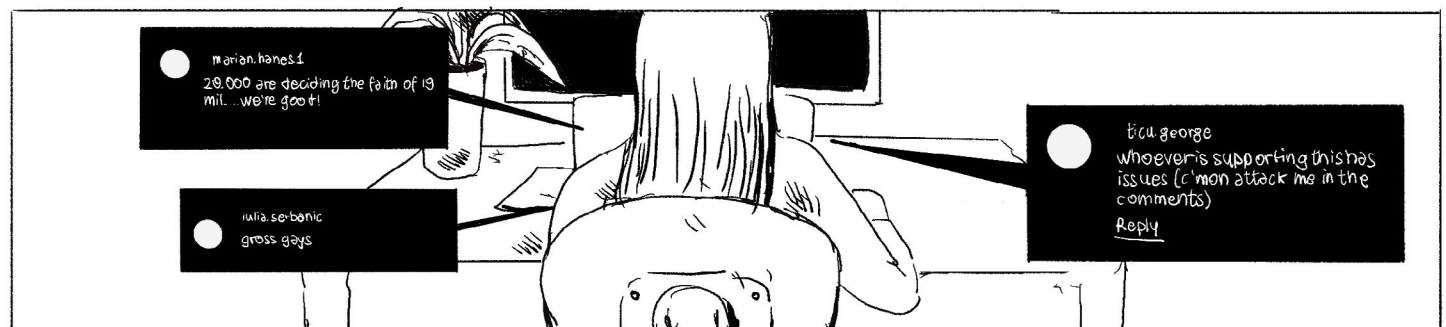
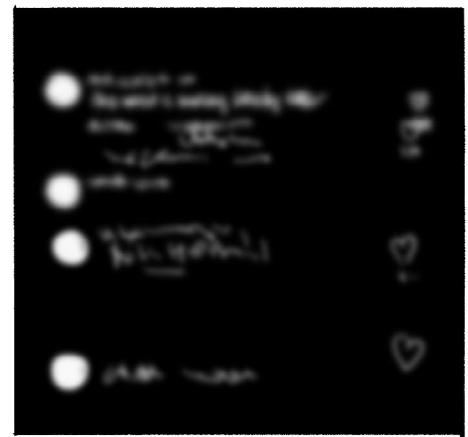
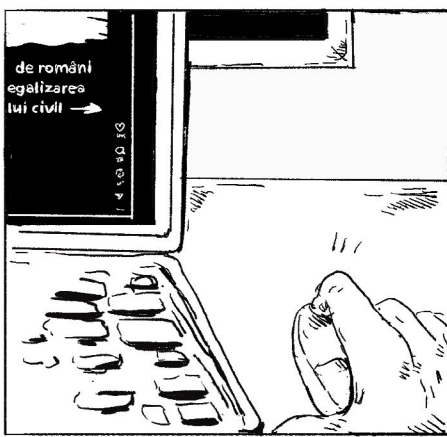
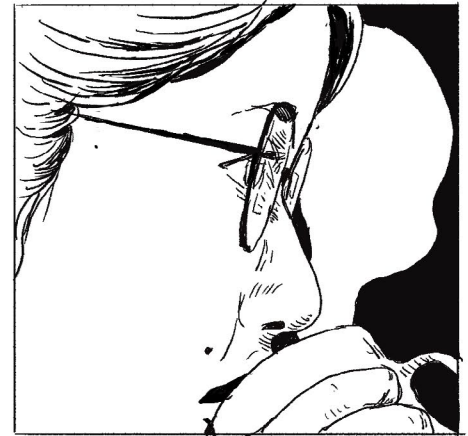
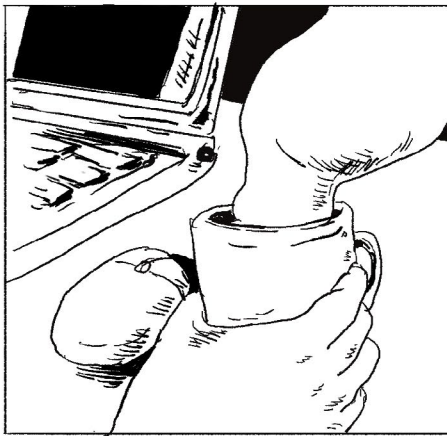
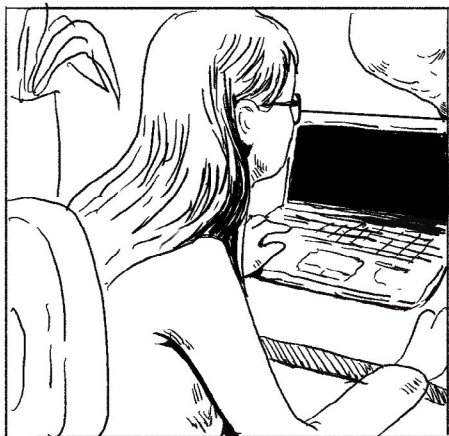
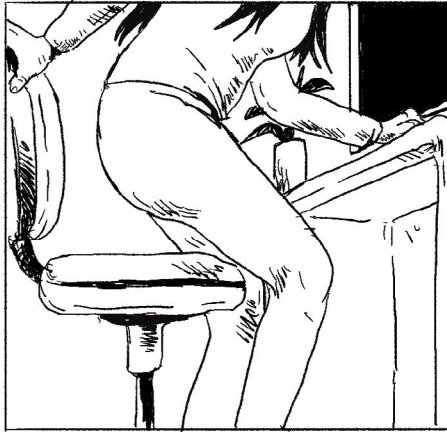
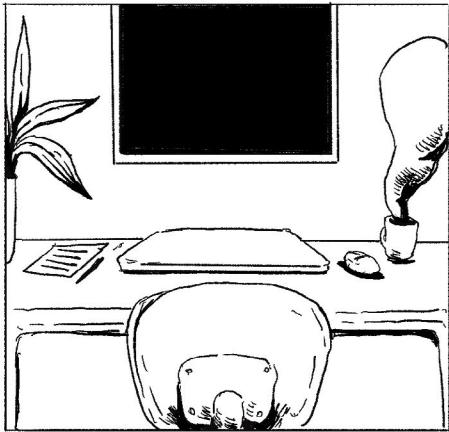


user2728383939887

HATE IS NOT NORMAL

Reply

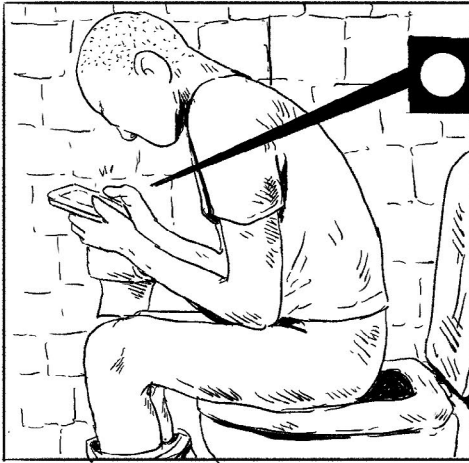
♡
1312



marian.hanes.1
20.000 are deciding the fate of 19 mil... we're good!

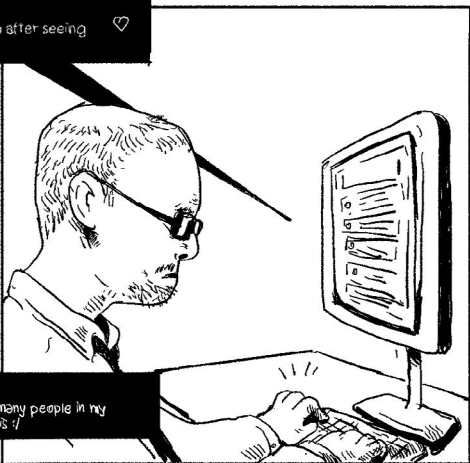
iulia.serbonic
gross gays

ticu.george
whoever is supporting this has
issues (c'mon attack me in the
comments)
Reply



cg_h20
This is such a non-issue
Reply

metallica_lover_68
I lost all respect for you after seeing
this ... ☹️



PLS_official_0c
leave the country and go to the
netherlands, where this leftist
propaganda works
Reply

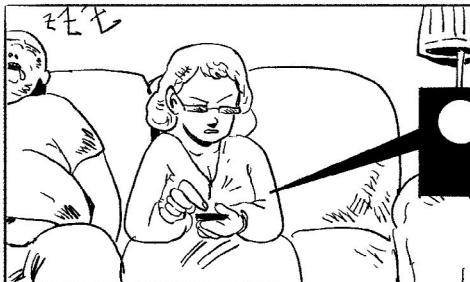
jk_rowling_fan
im so ashamed so many people in my
country support this :/



jim_campstone
This is why aliens don't come to
earth ☹️



holtestbadiebennibell
20 000 id lots are not a majority ☹️



missheat03
all of you belong in mental
institutions ☹️
Reply

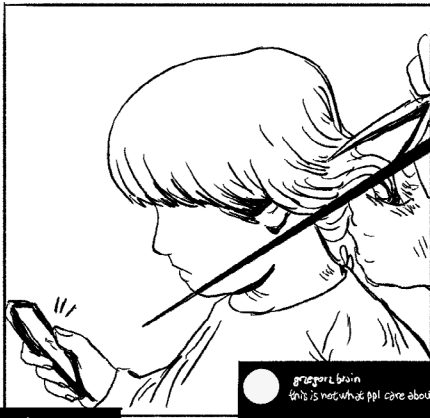
farm_guy
animals, they take it in their dirty
asses; we shouldn't normalise this
Reply

devepolitics
I live across the street from a psych
ward and all of you are crazier than
all the people in there



max_19
You can do anything you want at
home, but how will I explain this to
my child? :/!!
Reply





erika.kirk.official
We should also fuck dogs if it's normal. They're gonna force us to have children with our siblings!!

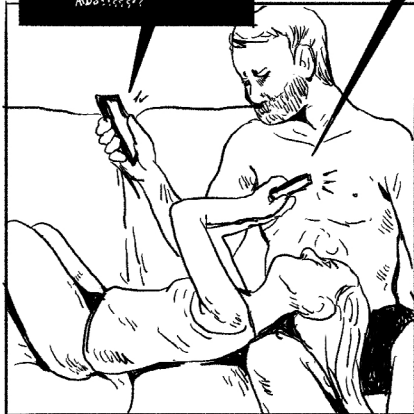
maconmama.ghost.again
No faggots in my country!



mickey.2009
There are 100 ppl men anywhere of them want to take it in "pussy" :D

gregory.brain
this is not what ppl care about

we are christians
Do you want all of us to get AIDS??????



perfect.family.91
GOD WILL SAVE YOU!
Reply



konfederacja.guam
leave us alone with this woke shit
Reply



KILL YOURSELF

gone.soso
Fucking Satanists. All of you belong in Sodom and Gomorrah.

fuck YOURSELF

big.homer.gayz.no
YOU'RE fucking idiots for supporting this

melni_lover
all you gay and lesbian are for gods. Women may want to fuck you anyway!!!



josh.72
You can do anything, but not in public!

F*CK U ALL!!

KILL YOURSELF!

joshua.kaczka
ewwww imma throw up :D

big.homer.gayz.no
YOU'RE fucking idiots for supporting this

KILL YOURSELF
Reply



KILL YOU

alun.they.secret.91
Fucking gay, they brought this upon them who was not chosen. They should be killed more of the fags.

YOU FUCKING FAGGOT!!

hey, wanna meet at 6 at uni to go to the protest?
13:12

old rabbit!
❤️
3/11



god loves you
that's why God's punishing us because men are fucking men and women are fucking women :+

YOU HAVE ALREADY TOO MANY RIGHT!!

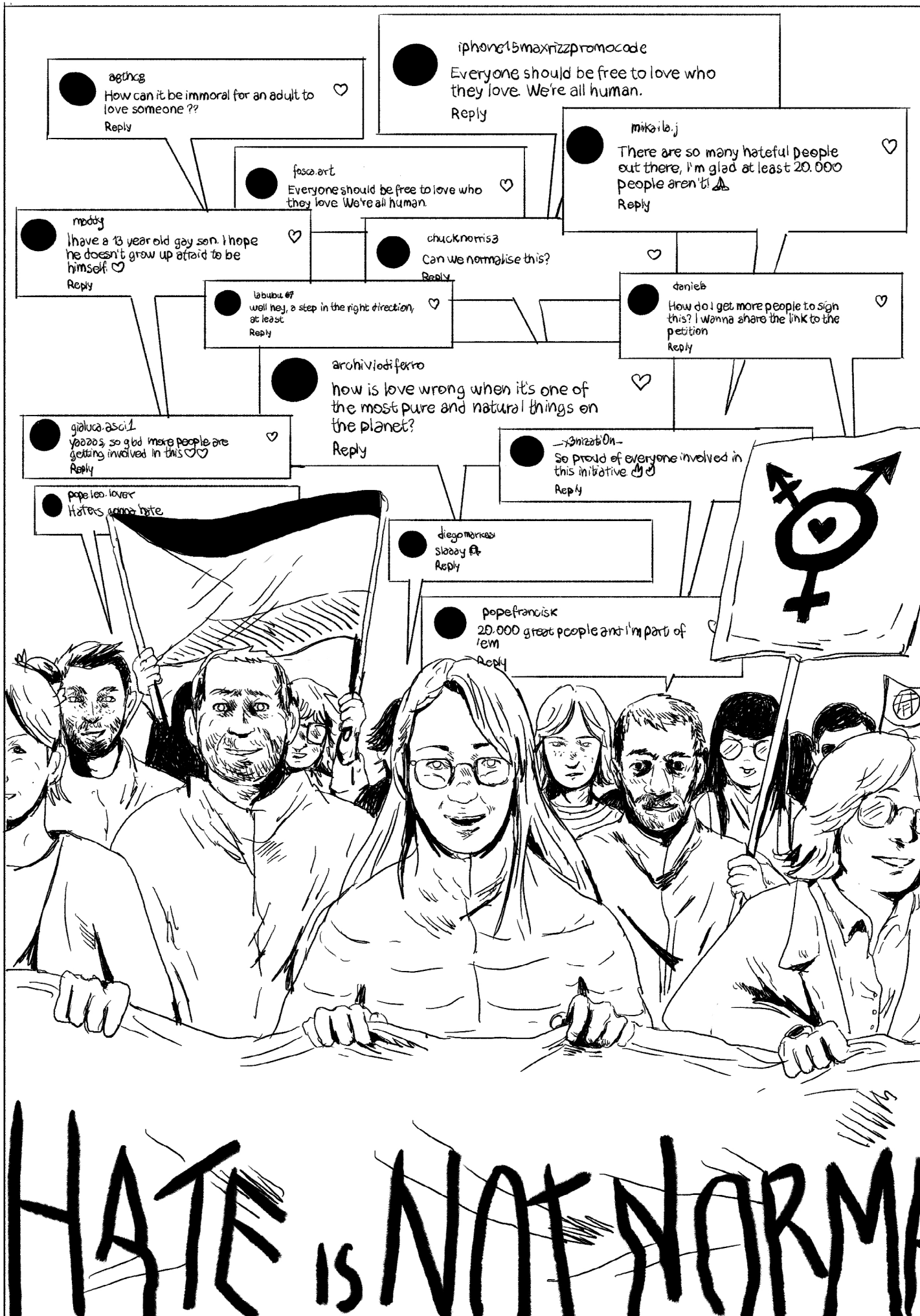
KILL YOURSELF!!!

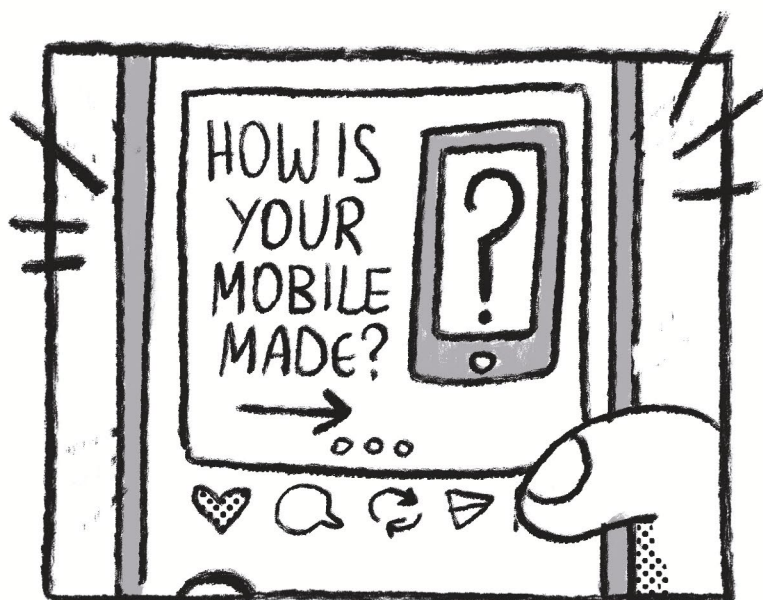
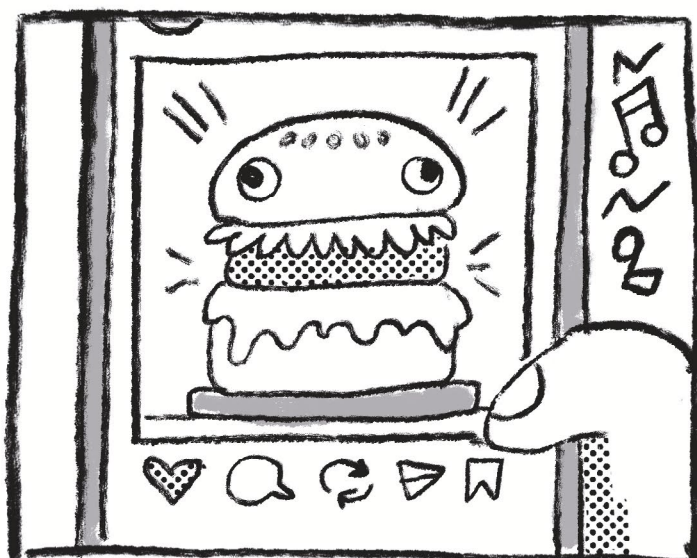
FUCKING FAGGOTS!

YOUR MOM SHITTED YOU OUT, FAGGOT! ❤️

FUCKING SATANISTS!!
Reply

13:12
DIE!





Often time, our technological comfort comes with a moral price.

WHO PAYS it?

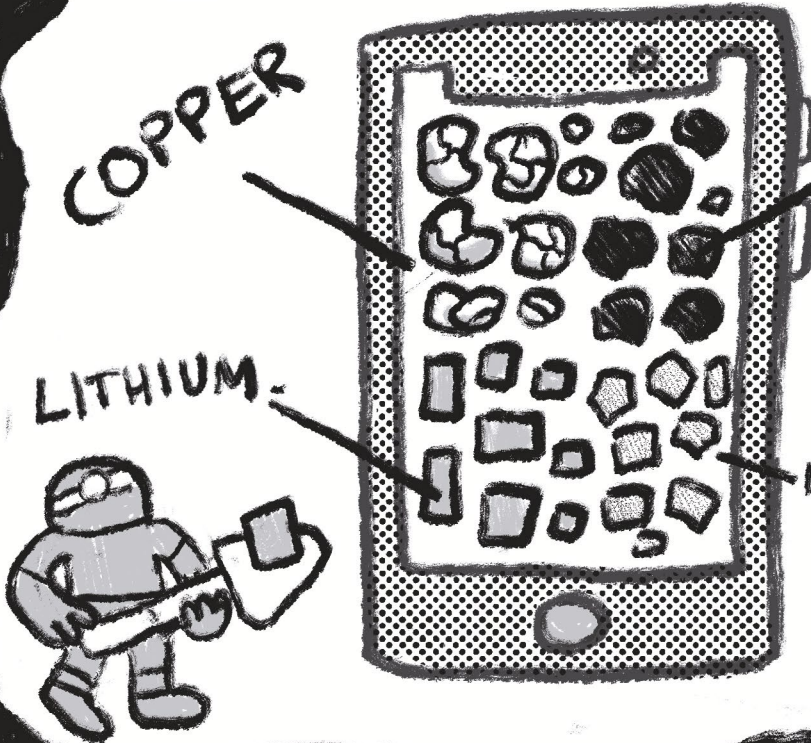
VULNERABLE AFRICAN WORKERS.

COPPER

COBALT

LITHIUM

MANGANESE



A lot of the resources can be found in Africa.
DEMOCRATIC REPUBLIC OF CONGO (DRC)

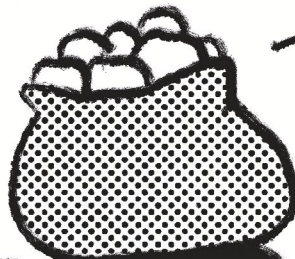
THE DRC alone produces about 70-74% of the world cobalt.



Hazardous working conditions
put thousands of artisan miners in danger.
These often lead
to accidents, ending
with AMPUTATION and DEATH!



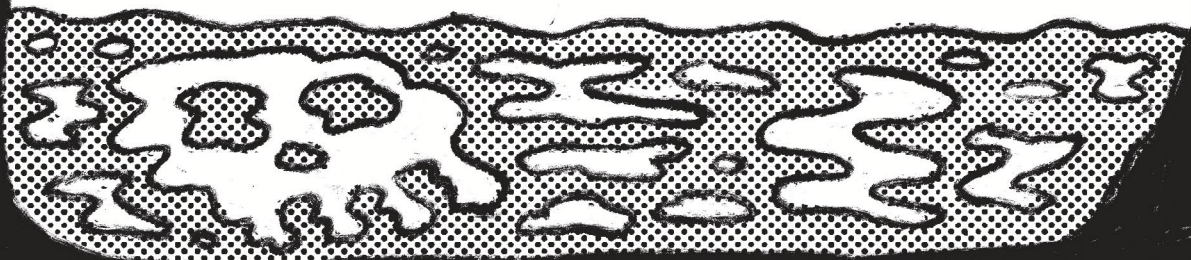
in a day they
earn even just
ONE DOLLAR

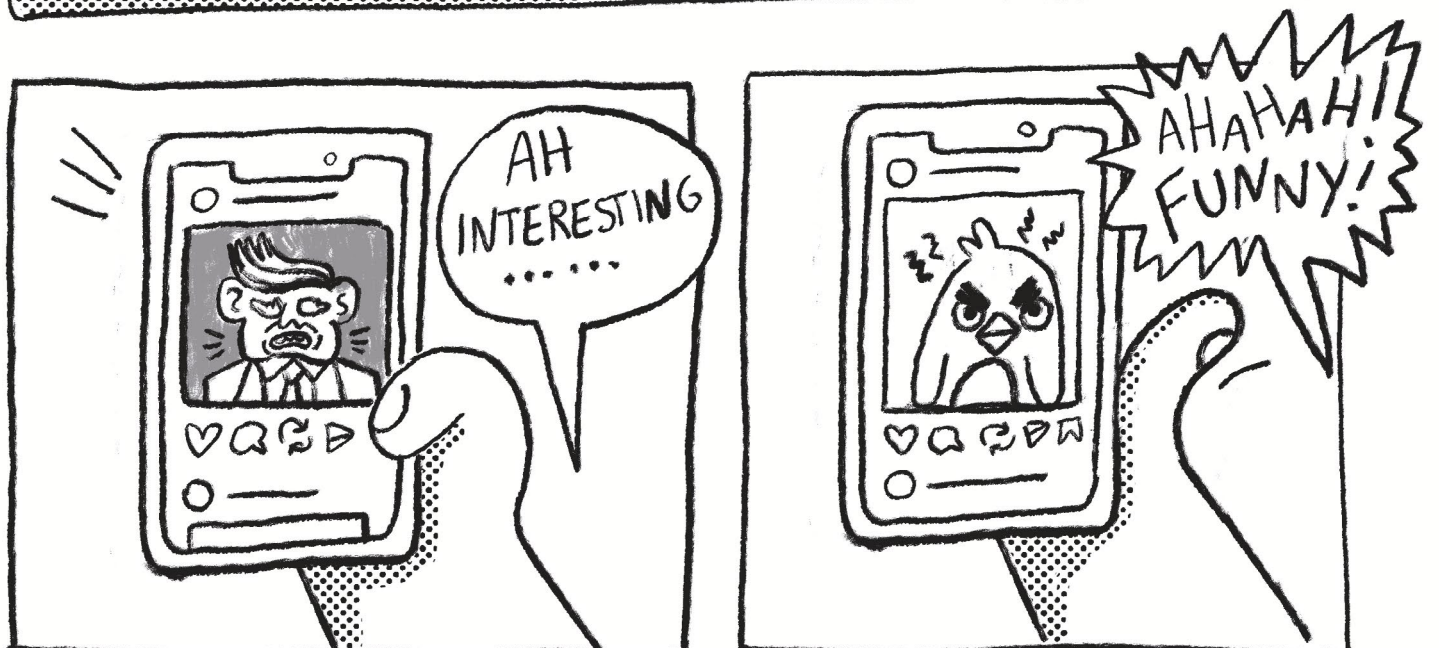


Despite extracting
billions in resources
communities remain in
extreme poverty, paid
mere pennies.



The land suffers too: pollution causes severe
health crises, while WATER INFESTATION POISONS
rivers and soil, destroying local life for our convenience.



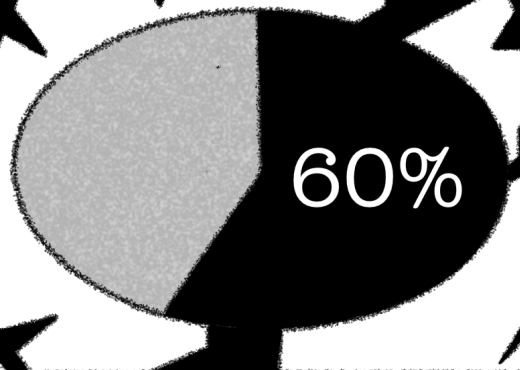
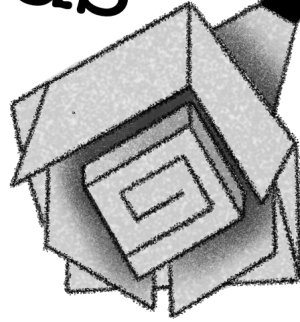
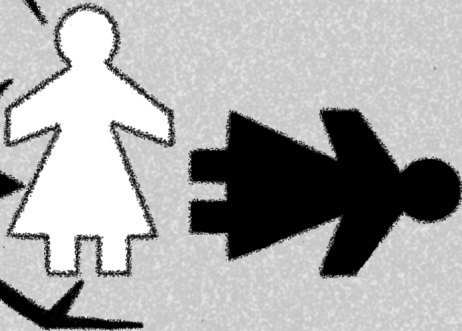


'Till death do us p a r t
- broken bonds

In 2024

≈83.000

women and girls
were **killed** worldwide

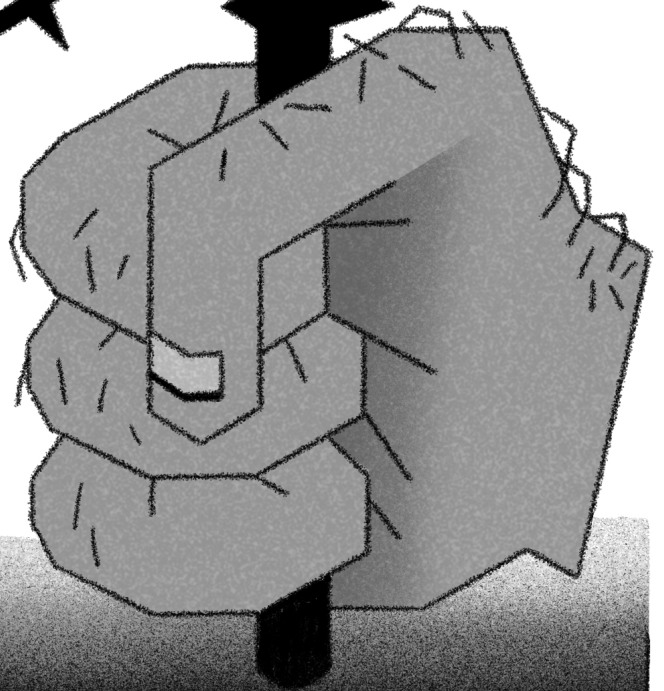
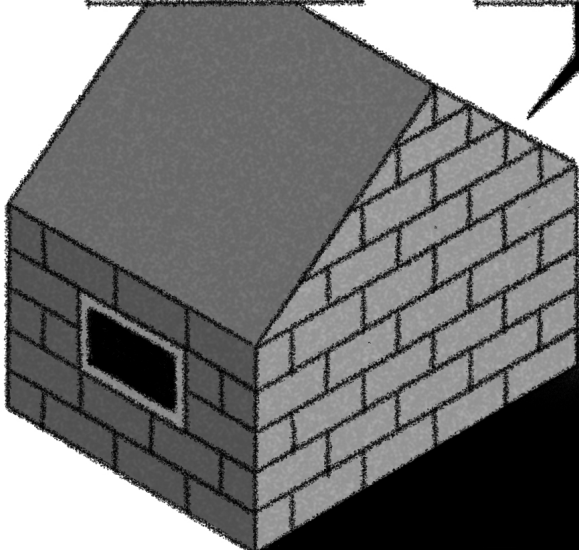


committed by a **partner** or
family member

137/day

or

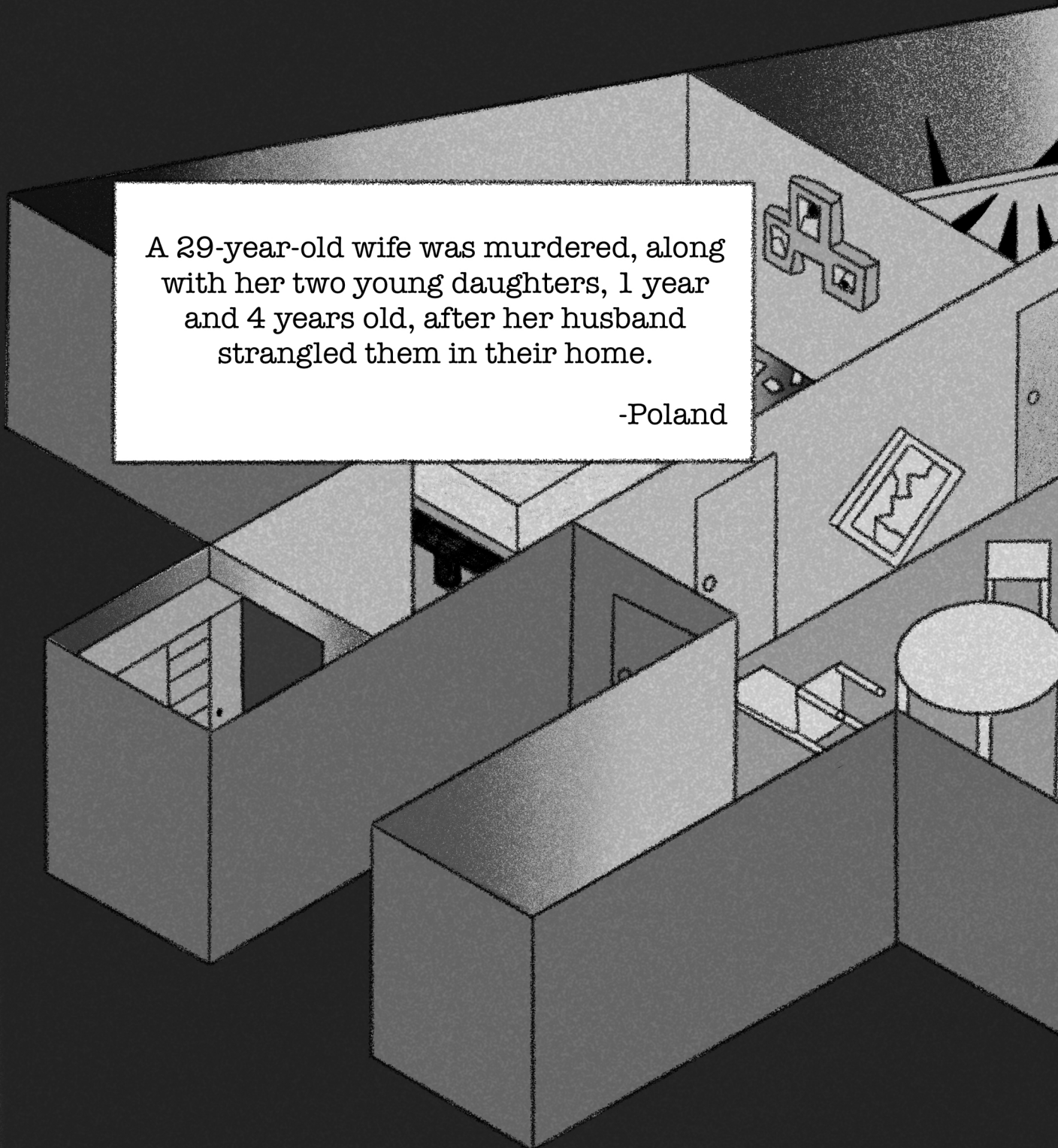
1/10min

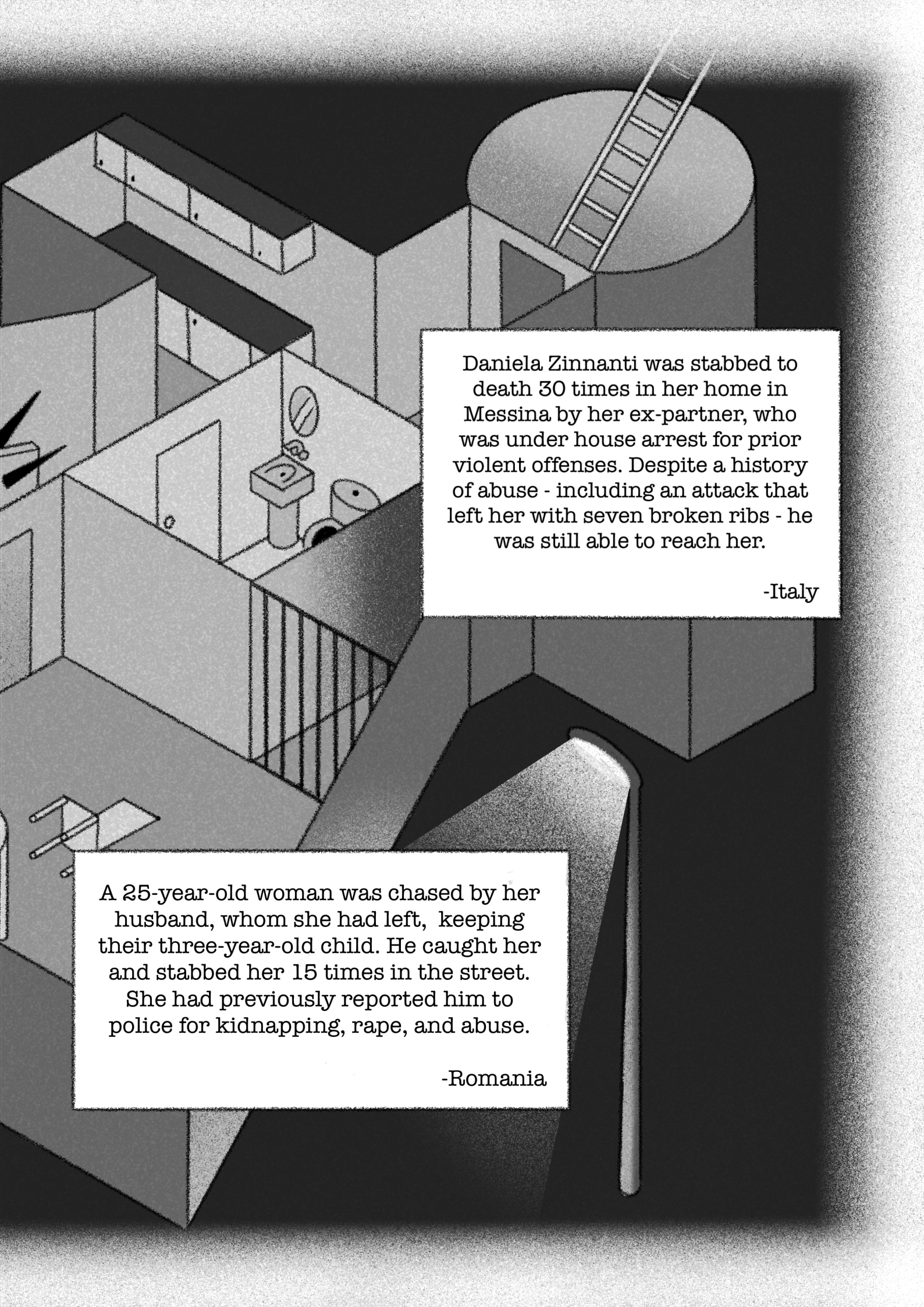


Most of these crimes take place in private spaces, with the home being the most common location.

A 29-year-old wife was murdered, along with her two young daughters, 1 year and 4 years old, after her husband strangled them in their home.

-Poland





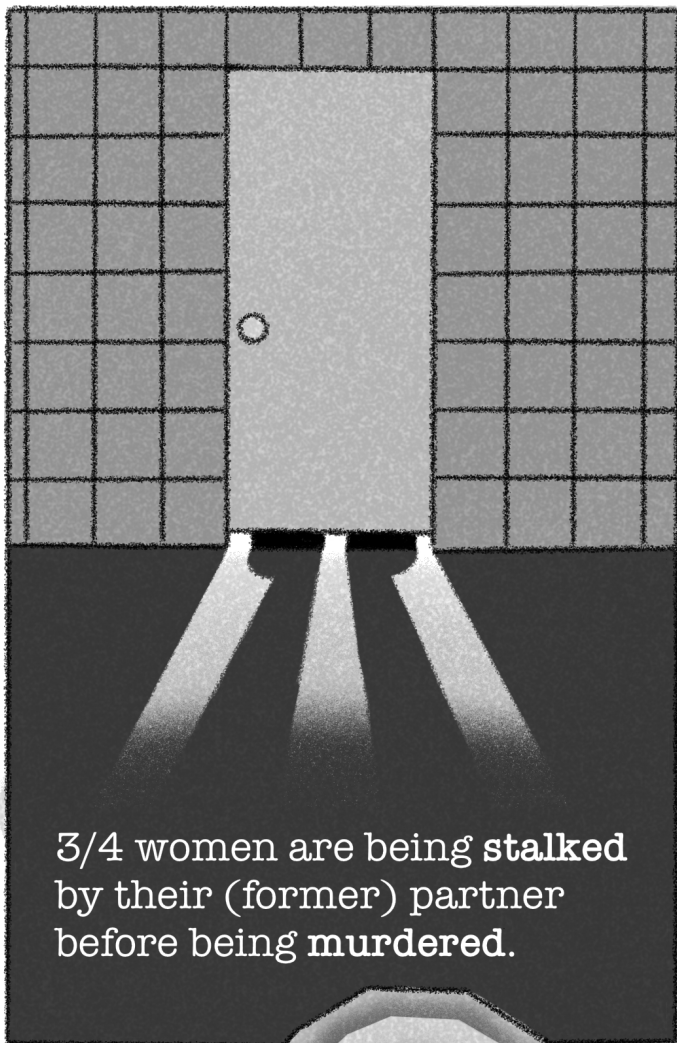
Daniela Zinnanti was stabbed to death 30 times in her home in Messina by her ex-partner, who was under house arrest for prior violent offenses. Despite a history of abuse - including an attack that left her with seven broken ribs - he was still able to reach her.

-Italy

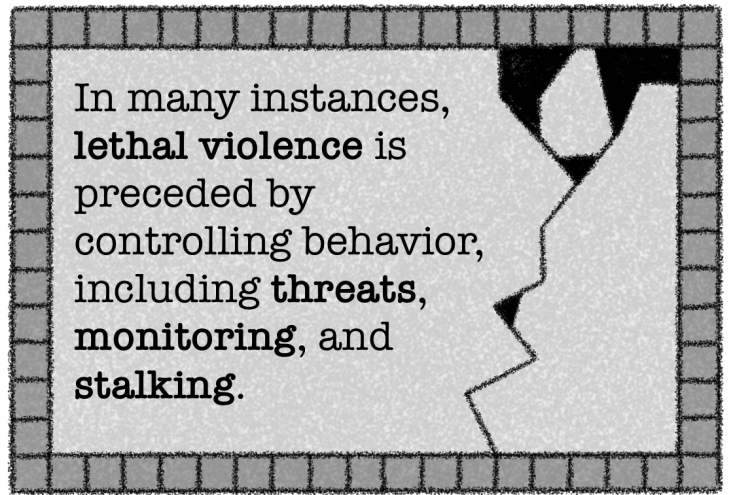
A 25-year-old woman was chased by her husband, whom she had left, keeping their three-year-old child. He caught her and stabbed her 15 times in the street.

She had previously reported him to police for kidnapping, rape, and abuse.

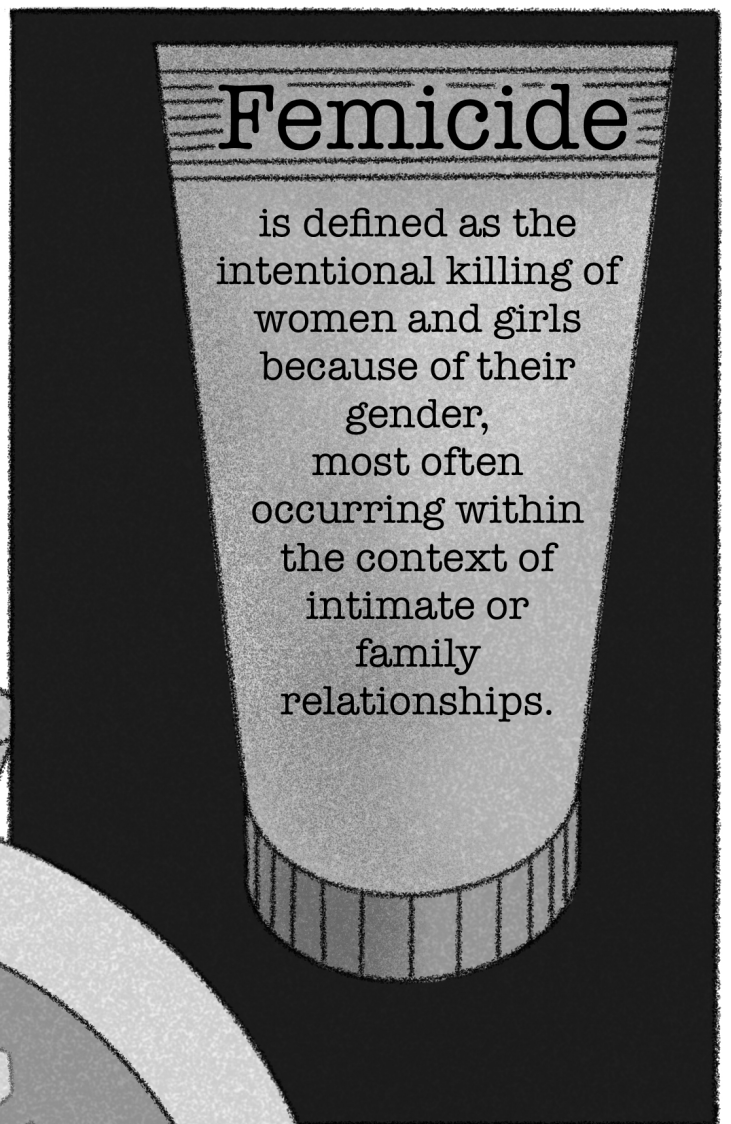
-Romania



3/4 women are being **stalked** by their (former) partner before being **murdered**.

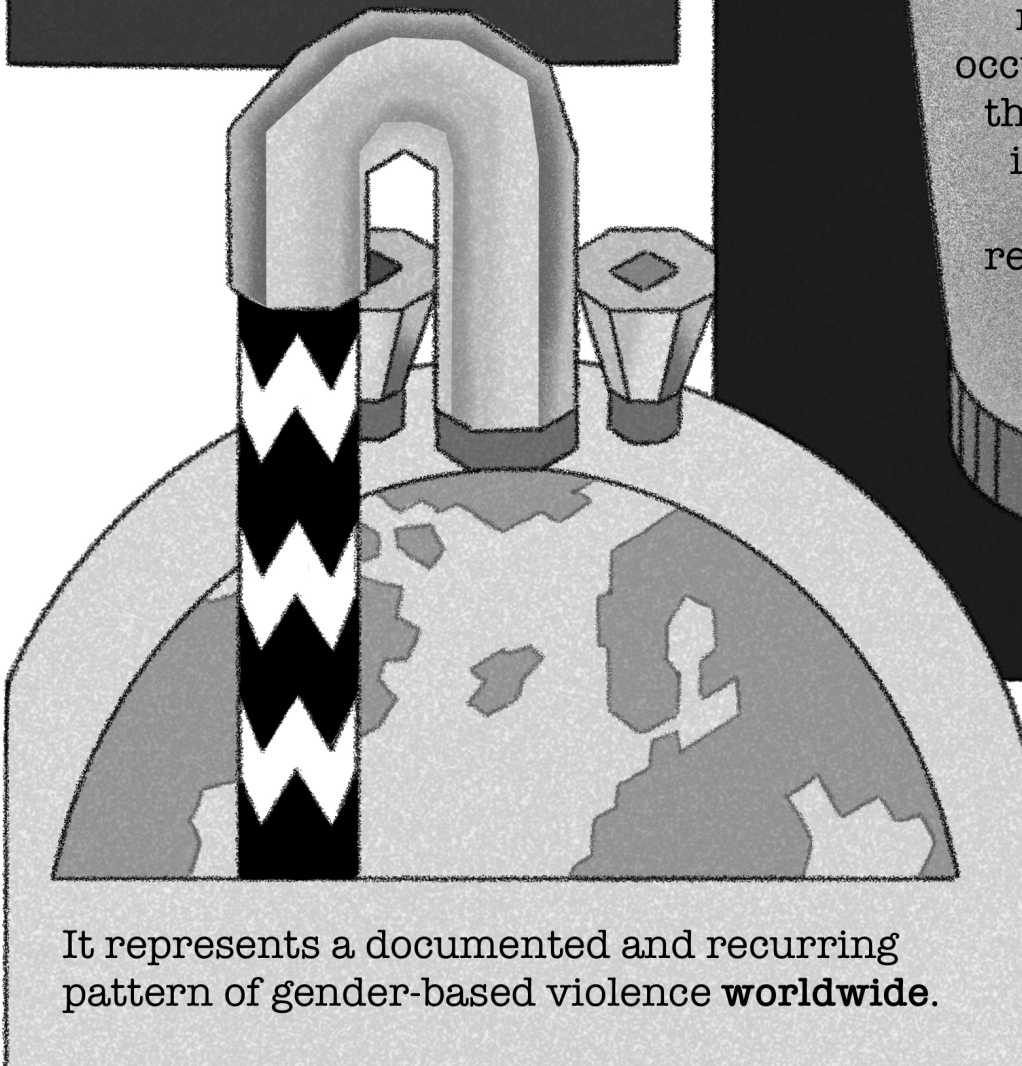


In many instances, **lethal violence** is preceded by controlling behavior, including **threats**, **monitoring**, and **stalking**.



Femicide

is defined as the intentional killing of women and girls because of their gender, most often occurring within the context of intimate or family relationships.

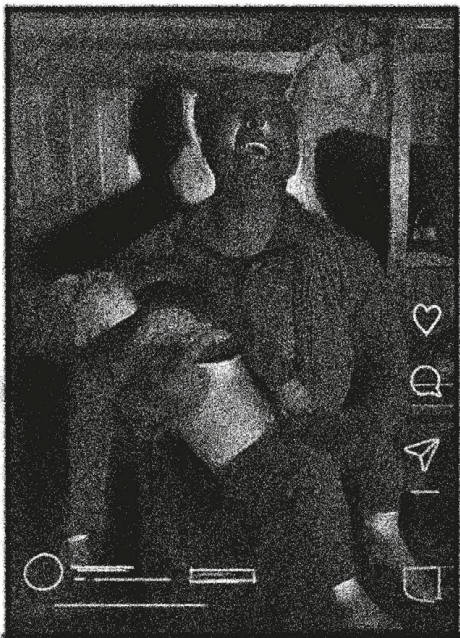


It represents a documented and recurring pattern of gender-based violence **worldwide**.

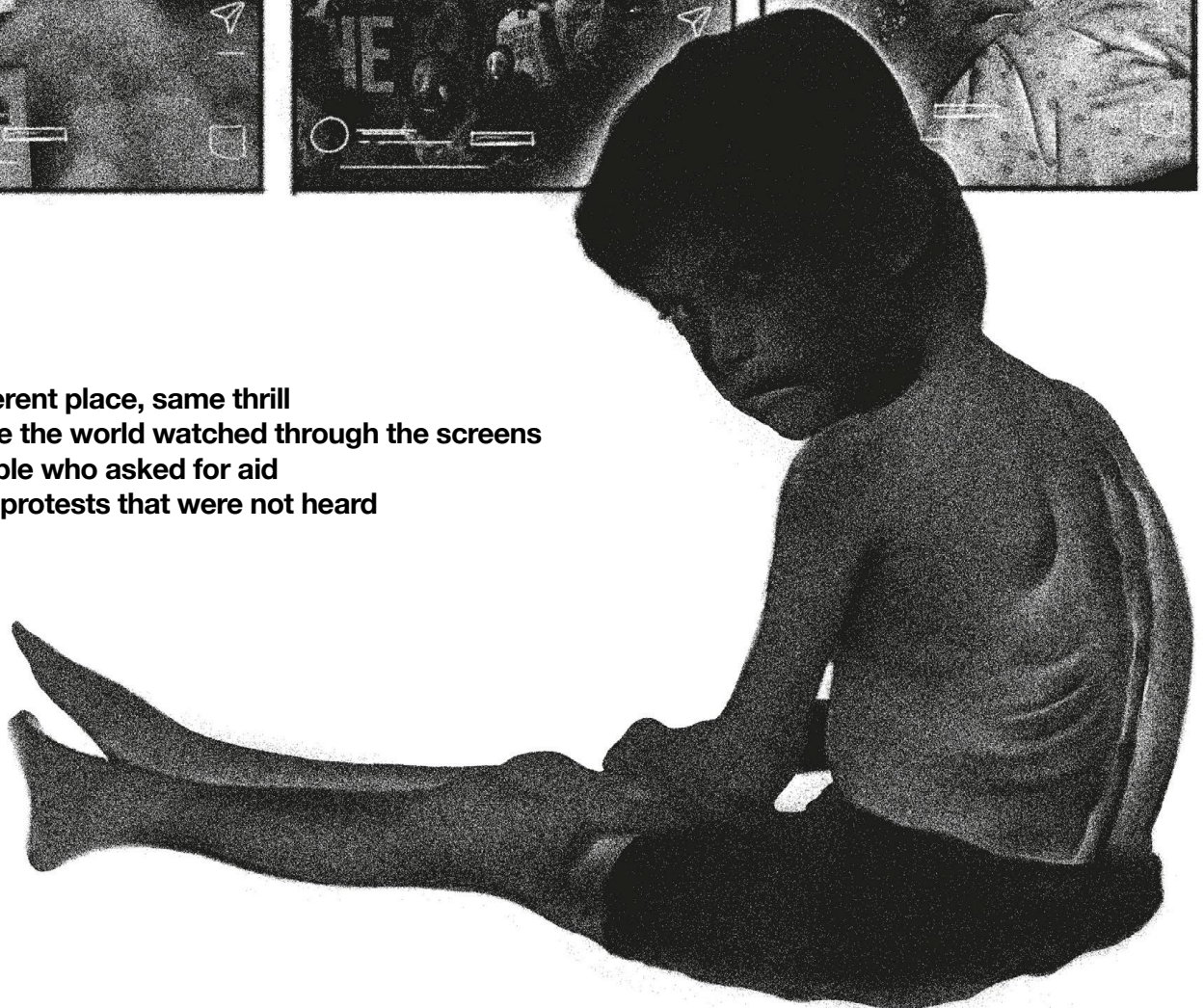
DOCUMENTEND, NOW DEMAND



We used to believe in laws, in borders,
In institutions meant to prevent wars,
to protect and preserve the world order
But the 24th of February 2022 changed everything.



**Different place, same thrill
while the world watched through the screens
people who asked for aid
and protests that were not heard**





[REDACTED]

Even though everything [REDACTED] [REDACTED]

[REDACTED] is documented [REDACTED] [REDACTED]

[REDACTED] visibility has not brought [REDACTED] accountability. [REDACTED]

[REDACTED] Those responsible remain [REDACTED]

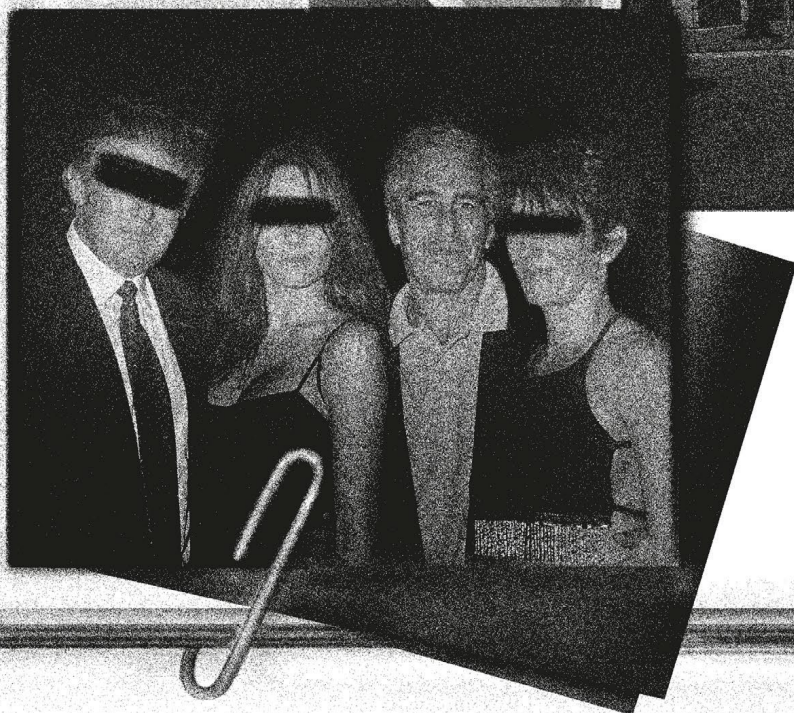
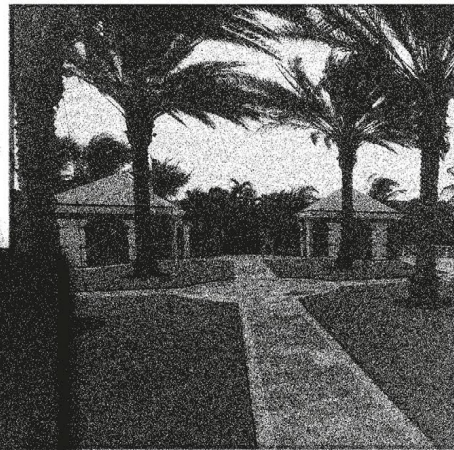
[REDACTED] [REDACTED]

[REDACTED] [REDACTED]

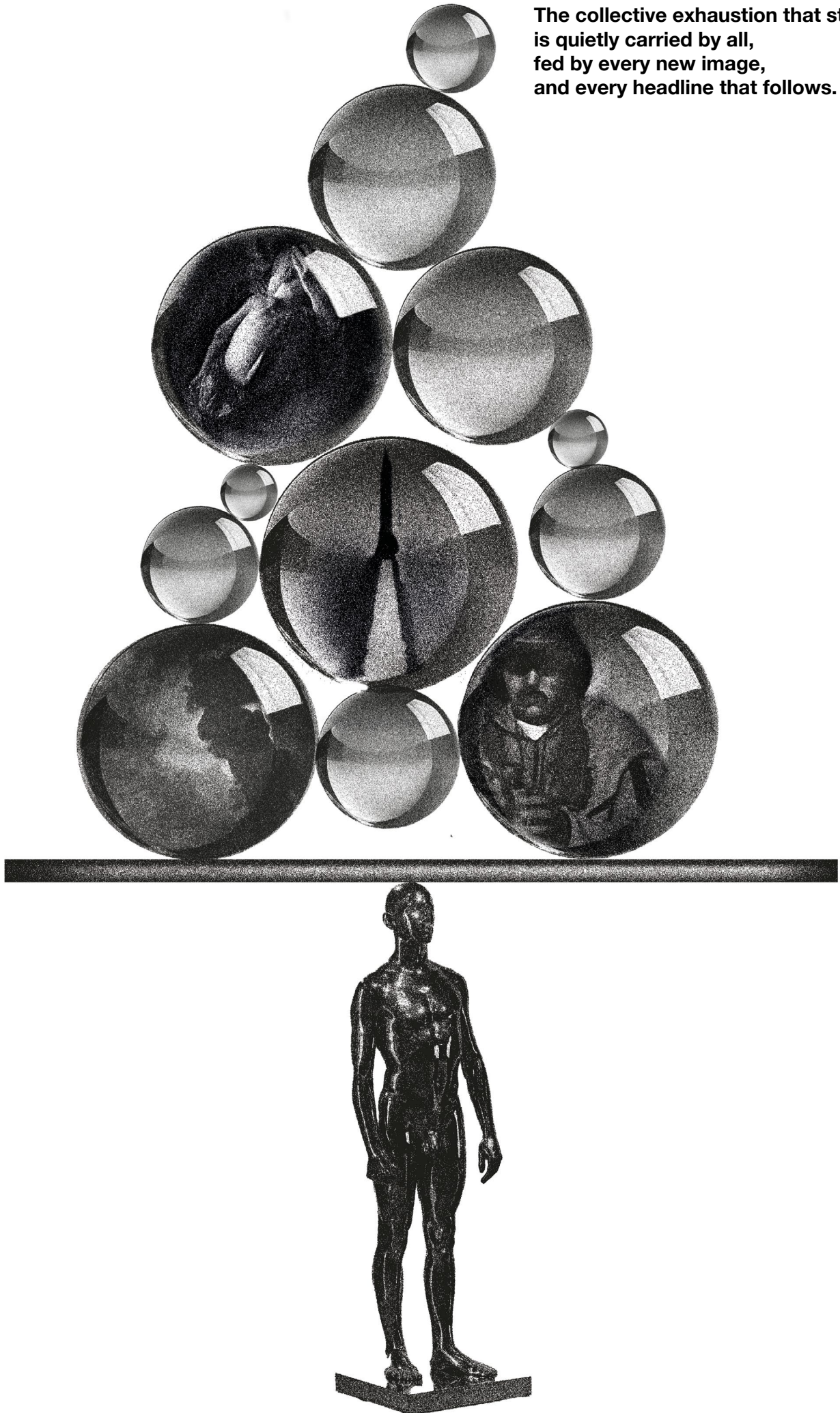
[REDACTED] [REDACTED]

[REDACTED]

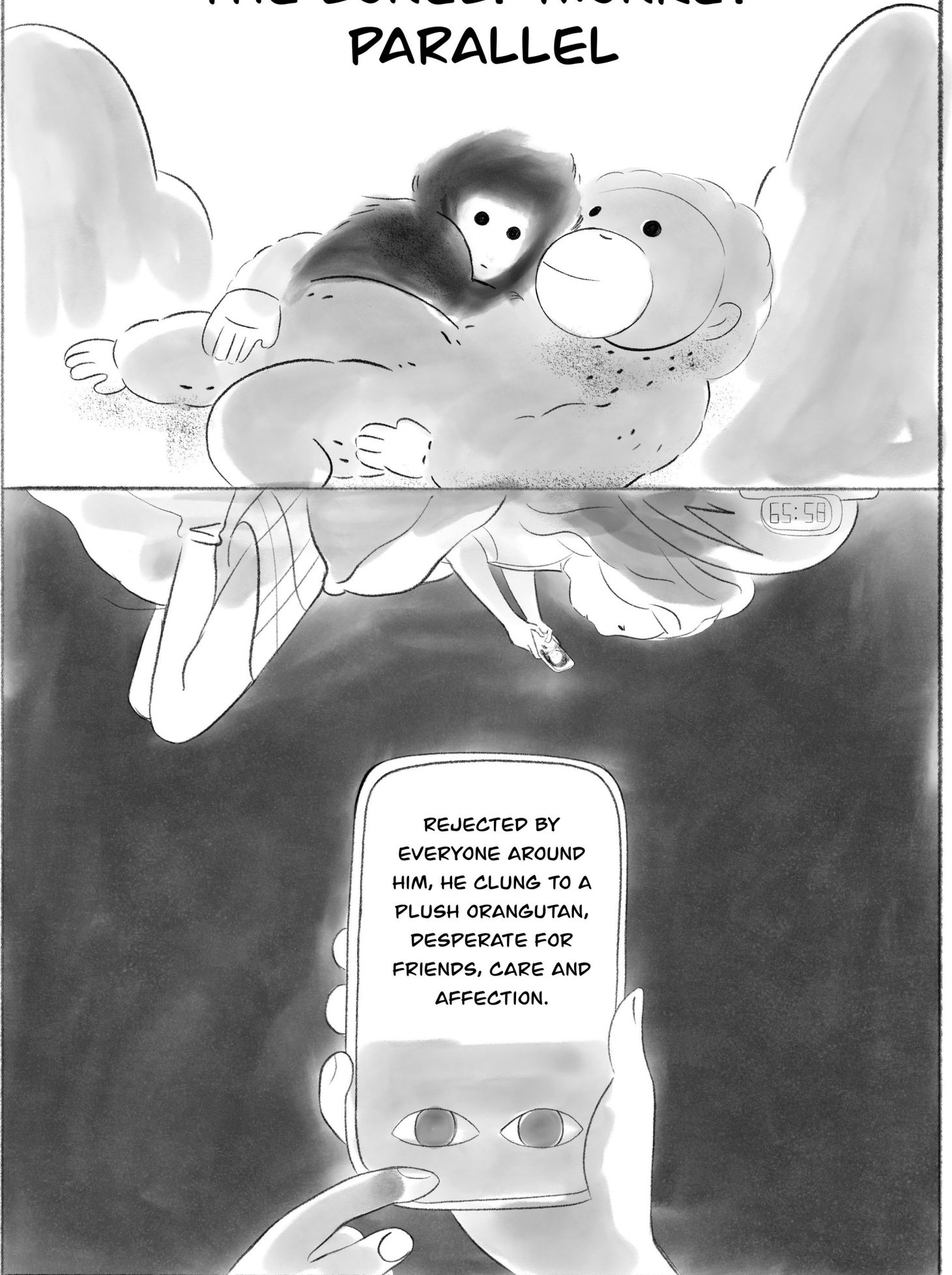
[REDACTED] protected.

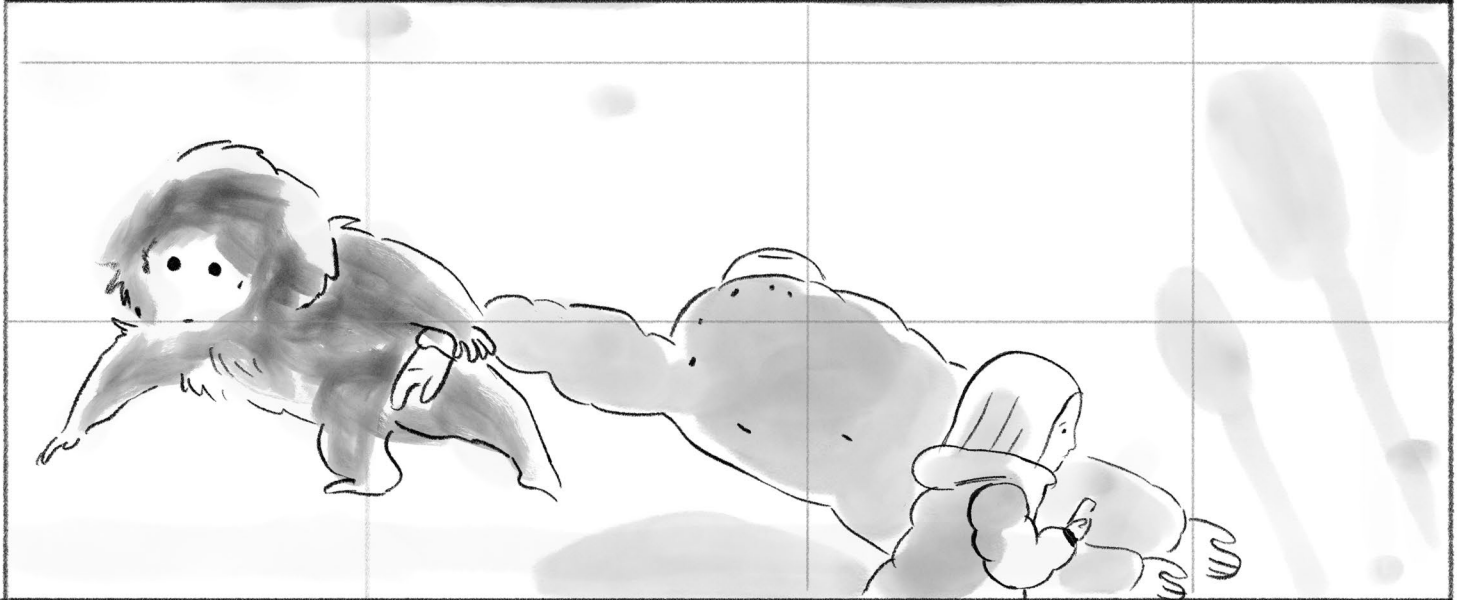


The collective exhaustion that stays
is quietly carried by all,
fed by every new image,
and every headline that follows.

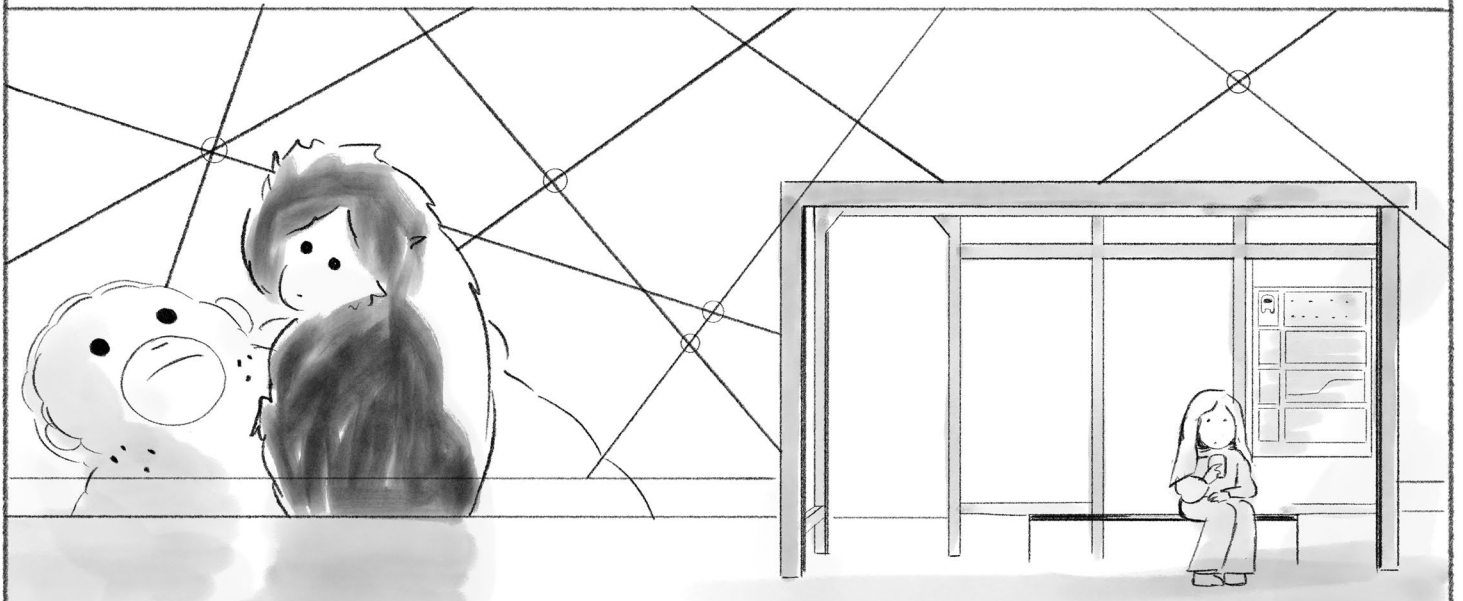


THE LONELY MONKEY PARALLEL





ACCORDING TO DATA, NEARLY 80% OF GEN Z EXPERIENCE FEELINGS OF LONELINESS.

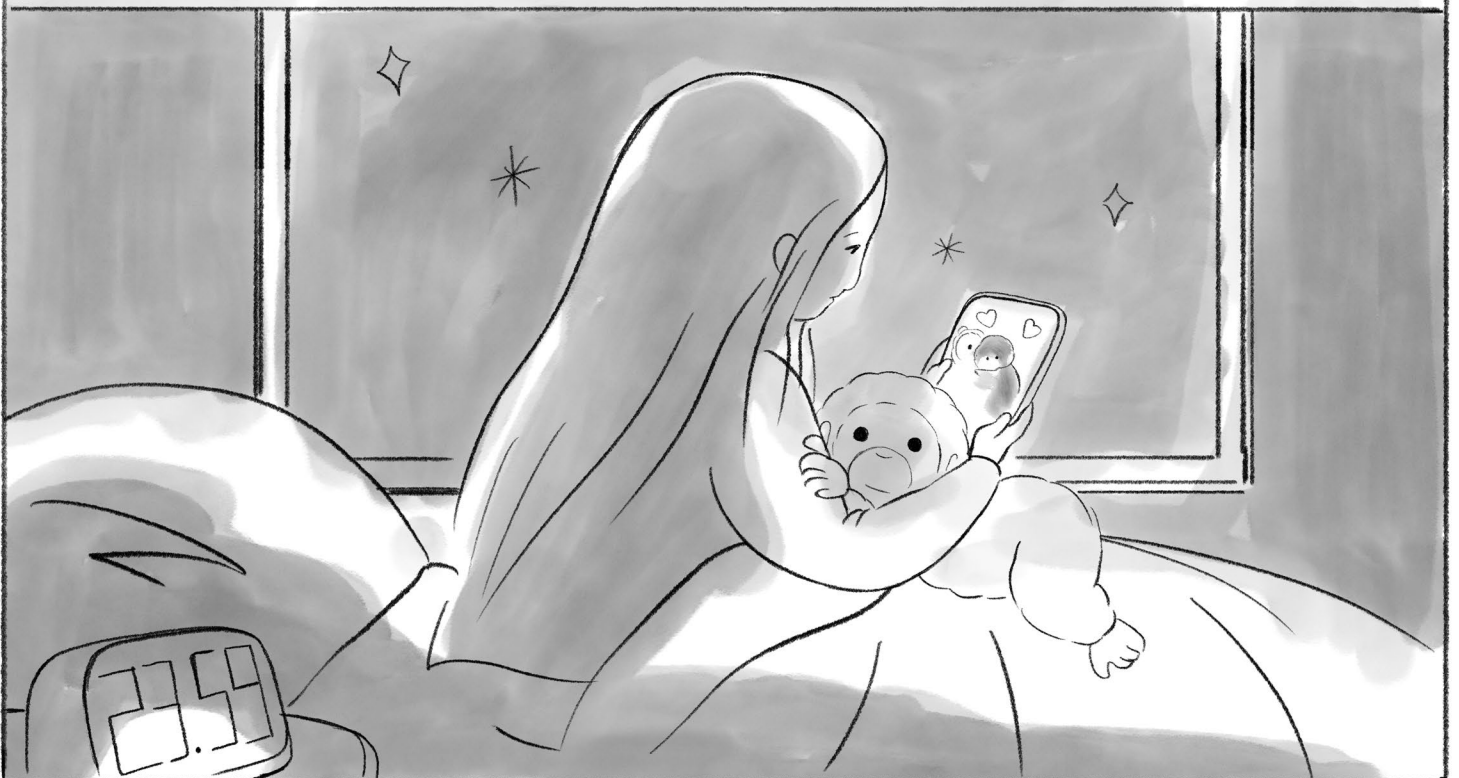


THE FIRST GENERATION TO BE SO EXTREMELY CONNECTED TO THE DIGITAL WORLD SEEMS TO FIND IT VERY DIFFICULT TO CONNECT WITH ONE ANOTHER.

STUDIES SHOW THAT THE BIGGEST CAUSES OF THE ISOLATION EPIDEMIC ARE NOT ONLY THE TECHNOLOGICAL ASPECTS BUT ALSO CAPITALISM AND ITS PROMOTION OF INDIVIDUALISM.



THAT'S ESPECIALLY CONCERNING WHEN 94% OF GEN Z SPENDS AN AVERAGE OF 2 HOURS AND 43 MINUTES PER DAY ON SOCIAL MEDIA. THAT ADDS UP TO ALMOST 10 YEARS OF YOUR LIFE.

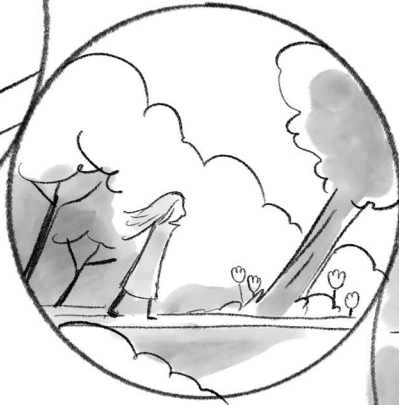


US HUMAN BEING, JUST LIKE PUNCH, NEED A SENSE OF BELONGING, A SUPPORT SYSTEM WE CAN DEPEND ON. THAT'S WHY A COMMUNITY PLAYS SUCH A VITAL ROLE. THE CURE TO LONELINESS IS CONNECTION, AND BUILDING CONNECTIONS TAKES TIME.

IT
MAKES IT EVER
SO IMPORTANT FOR
YOUNG PEOPLE TO
KEEP A BALANCED
DIGITAL DIET,



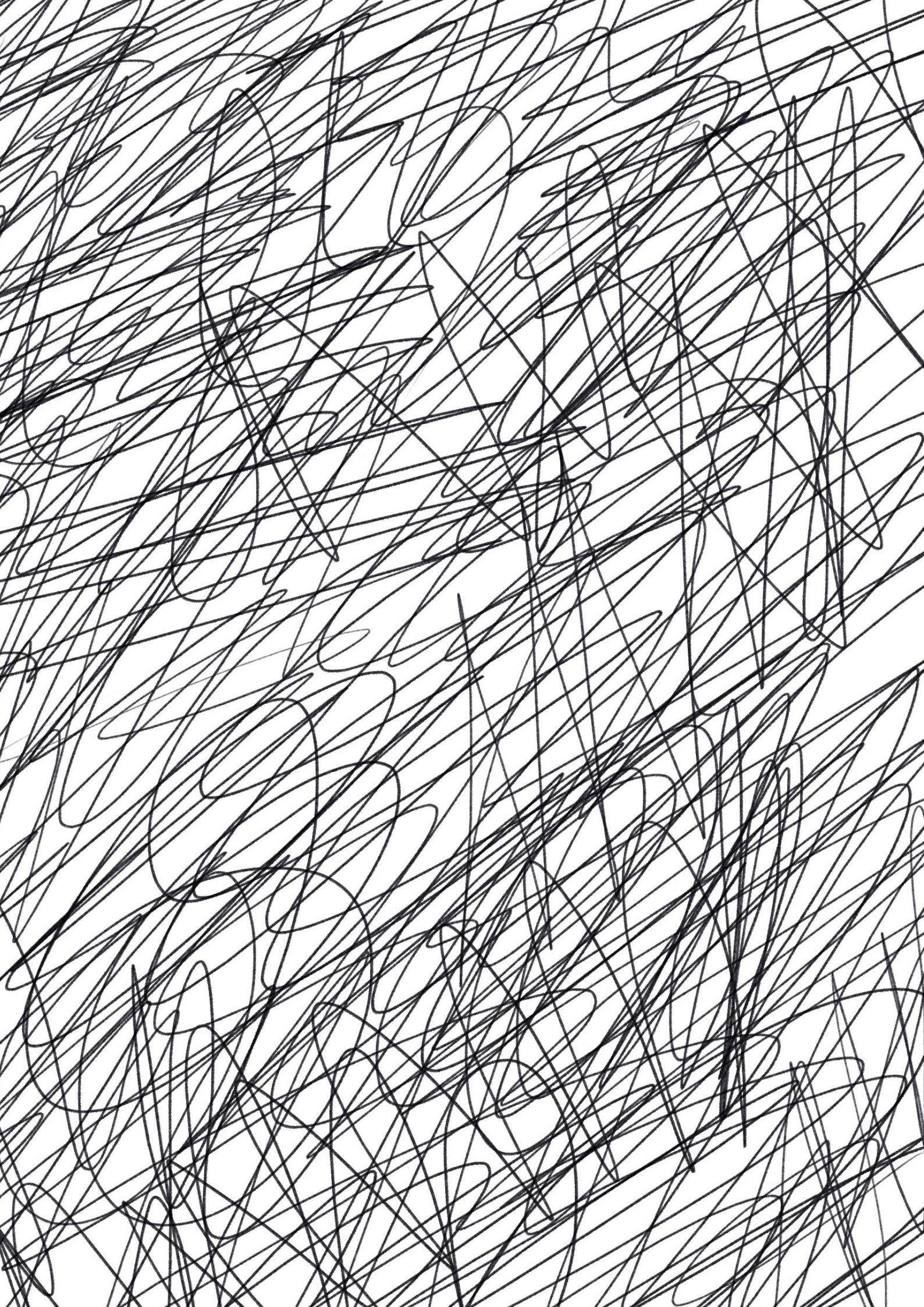
SPEND
TIME OUTSIDE,



PAY
ATTENTION TO
THEIR SOCIAL NEEDS
AND NURTURE THE
RELATIONSHIP WITH
PEOPLE THEY CARE
FOR.



**Y
L**



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